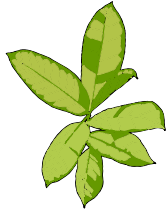


The Mood Disorders Association of Ontario presents:
Naturopathy and Mental Health

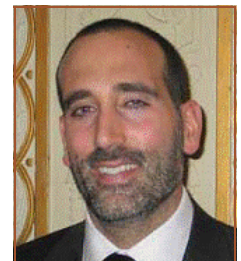


with Dr. Jonathan E. Prousky
BPHE, B.Sc., MSc, ND

Wednesday February 24th

7:00pm — 8:30pm

Eglinton St. George's United Church
35 Lytton Blvd.
(corner of Lytton and Duplex Ave.)



Dr Prousky is Chief Naturopathic Medical Officer at the Canadian College of Naturopathic Medicine and his specialty is mental health.

As part of our Distinguished Speakers' Series, he will be speaking about the connection between naturopathic medicine and mental health and how to use plant based medicines to optimize your mental health.

Free admission
Donations gratefully accepted

