

# Do you suffer from **depression** and **anxiety**?

Researchers at the Centre for Addiction and Mental Health (CAMH) and the University of Toronto are investigating a treatment for depression and anxiety.

For information about joining the study, please call **416-260-4209** to leave a confidential message. We will return your call.



CAMH provides other treatment options for mental illness and addiction. For more information about programs and services at CAMH, please visit [www.camh.net](http://www.camh.net) or call (416) 535-8501 (or 1-800-463-6273).



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