TITLE	Section	SECTION	AUTHOR	PUBLISHER	YEAR
Breaking Down the Wall of Silence: The Liberating Experience of Facing Painful Truth	AB	Abuse	Miller, Alice	Meridian Books	1993
Growth Seasons: Overcoming Your Abusive Past	AB	Abuse	Craig, James D.	Crossroads Christian Communications, Inc.	1993
Healing the Incest Wound: Adult Survivors in Therapy	AB	Abuse	Courtois, Christine A.	W. W. Norton & Company	1988
If I'd Only Known	AB	Abuse	Neddermeyer, Dorothy M.	Millennial Mind Publishing	2000
The Courage to Heal: A Guide for Women Survivors of Childhood Sexual Abuse *(2 copies)*	AB	Abuse	Bass, Ellen & Davis, Laura	Harper & Row, New York	1988
The Courage to Heal Workbook: For Women and Men Survivors of Child Sexual Abuse	AB	Abuse	Davis, Laura	Harper & Row, New York	1990
The Right of Innocence: Healing the Trauma of Childhood Sexual Abuse	AB	Abuse	Engel, Beverly	Ivy Books	1989
The Sexual Healing Journey: A Guide for Survivors of Sexual Abuse	AB	Abuse	Maltz, Wendy	Harper Perennial	1991
The Survivor's Guide to Sex: How to Have an Empowered Sex Life After Childhood Sexual Abuse	AB	Abuse	Haines, Staci	Cleis Press Inc.	1999
Wednesday's Children: Adult Survivors of Abuse Speak Out	AB	Abuse	Somers, Suzanne	HealingVision, Inc.	1992
When You're Ready: A woman's healing from childhood physical and sexual abuse by her mother	AB	Abuse	Evert, Kathy & Bijerk, Inie	Launch Press	1987
A Million Little Pieces	AD	Addictions	Frey, James	Anchor Books	2003
About Cocaine *(For Reference Only)*	AD	Addictions	Addiction Research Foundation	Addiction Research Foundation (ARF)	1997
Addiction: An Information Guide	AD	Addictions	Herie, Marilyn, Godden, Tim, Shenfeld, Joanne & Kelly, Colleen	Centre for Addiction and Mental Health (CAMH)	2010
Marijuana - Answers for Young People and Parents	AD	Addictions	Addiction Research Foundation	Addiction Research Foundation (ARF)	
Saying When: How to Quit Drinking or Cut Down	AD	Addictions	Sanchez-Craig, Martha	Addiction Research Foundation (ARF)	1993
Toward a New Life *(For Reference Only)*	AD	Addictions	Bellwood Total Health Centre	Bellwood Health Services Inc.	1998
Women and Alcohol *(For Reference Only)*	AD	Addictions	Addiction Research Foundation	Addiction Research Foundation (ARF)	1996
Women's Own Withdrawal Management Centre *(For Reference Only)*	AD	Addictions	Toronto Western Hospital	University Health Network	
The Angry Book	AG	Anger	Rubin, Theodore Isaac	Collier Books	1969
When Anger Hurts - Quieting The Storm Within	AG	Anger	McKay, Matthew, Rogers, Peter D. & McKay, Judith	New Harbinger Publications, Inc.	2003
Defending Yourself Against Criticism	AS	Assertiveness	James, Jennifer	Newmarket Press	1984
Don't Say Yes When You Want To Say No	AS	Assertiveness	Fensterheim, Herbert & Baer, Jean	Dell Publishing	1975
Stand Up, Speak Out, Talk Back! The Key to Self-Assertive Behavior	AS	Assertiveness	Alberti, Robert E. & Emmons, Michael L.	Pocket Books	1975
Yes or No:The Guide to Better Decisions - A Story	AS	Assertiveness	Johnson, Spencer	HarperCollins Publishers, Inc.	1992
Your Perfect Right: A Guide to Assertive Living	AS	Assertiveness	Alberti, Robert & Emmons, Michael	Impact Publishers	1990
An End to Panic: Breakthrough Techniques for Overcoming Panic Disorder *(For Reference Only)*	AX	Anxiety	Zuercher-White, Elke	New Harbinger Publications, Inc.	1998
Anxiety: Orthomolecular Diagnosis and Treatment	AX	Anxiety	Prousky, Jonathan	CCNM Press	2006
Anxiety & Panic Attacks:Their Cause and Cure	AX	Anxiety	Handly, Robert with Neff, Pauline	Fawcett Crest	1985
Anxiety and Its Treatment	AX	Anxiety	Greist, John H., Jefferson, James W. & Marks, Isaac M.	Warner Books	1986
Anxiety Disorders: An Information Guide	AX	Anxiety	Rector, Neil, Bourdeau, Danielle, Kitchen, Kate & Joseph-Massiah, Linda	Centre for Addiction and Mental Health (CAMH)	2008
attacking anxiety & depression: A Self-help, Self-awareness Program For Stress, Anxiety & Depression *(For Reference Only)*	AX	Anxiety	The Midwest Center for Stress and Anxiety, Inc.	The Midwest Center for Stress and Anxiety, Inc.	1985
Bon's Year On: my spiritual journey through panic and anxiety	AX	Anxiety	Grzesh Pedota, Bonnie	Trafford Publishing	2006
Conquering Panic and Anxiety Disorders: Success Stories, Strategies and other Good News	AX	Anxiety	Glatzer, Jenna (Editor)	Hunter House Publishers	2002
If You Think You Have Panic Disorder	AX	Anxiety	Granet, Roger & McNally, Robert Aquinas	Dell Publishing	1998
Living with Fear: Understanding and Coping with Anxiety	AX	Anxiety	Marks, Isaac M.	McGraw-Hill, Inc.	1980
Obsessive Compulsive Disorder: Treating and Understanding Crippling Habits	AX	Anxiety	Levenkron, Steven	Warner Books	1991
Over and Over Again: Understanding Obsessive-Compulsive Disorder	AX	Anxiety	Neziroglu, Fugen & Yaryura-Tobias, Jose A.	Lexington Books	1991
Overcoming Agoraphobia: Conquering Fear of the Outside World	AX	Anxiety	Goldstein, Alan & Stainback, Berry	Penguin Books	1987
Panic Attacks: What they are, why they happen, and what *you* can do about them	AX	Anxiety	Ingham, Christine	Thorsons	1993
The Anxiety & Phobia Workbook *(For Reference Only)*	AX	Anxiety	Bourne, Edmund J.	New Harbinger Publications, Inc.	2005

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The Anxiety Disease	AX	Anxiety	Sheehan, David V	Bantam Books	1983
The Joy of Stress	AX	Anxiety	Hanson, Peter	Hanson Stress Management Organization	1985
The Natural Medicine Guide to Anxiety	AX	Anxiety	Marohn, Stephanie	Hampton Roads Publishing Company, Inc.	2003
The OCD Workbook: Your Guide to Breaking Free from Obsessive-Compulsive Disorder *(For Reference Only)*	AX	Anxiety	Hyman, Bruce M. & Pedrick, Cherry	New Harbinger Publications, Inc.	1999
The Panic Attack Recovery Book	AX	Anxiety	Swede,Shirley & Jaffe, Seymour Sheppard	New American Library	1987
Triumph Over Fear: A Book of Help and Hope for People with Anxiety, Panic Attacks, and Phobias	AX	Anxiety	Ross, Jerilyn	Bantam Books	1995
When Once Is Not Enough: Help for Obsessive Compulsives	AX	Anxiety	Steketee, Gail & White, Kerrin	New Harbinger Publications Inc.	1990
Woulda, Coulda, Shoulda: Overcoming Regrets, Mistakes, and Missed Opportunities	AX	Anxiety	Freeman, Arthur & DeWolf, Rose	HarperPerennial	1989
A Brilliant Madness: Living with Manic-Depressive Illness *(3 Copies)*	BP	Bipolar	Duke, Patty & Hochman, Gloria	Bantam Books	1992
A story of bipolar disorder (manic-depressive illness): Does this sound like you? *(pamphlet) (For Reference Only)*	BP	Bipolar	National Institute of Mental Health	National Institute of Mental Health	2002
An Unquiet Mind: A Memoir of Moods and Madness *(3 Copies)*	BP	Bipolar	Redfield Jamison, Kay	Alfred A. Knopf	1995
Bipolar II: Enhance Your Highs, Boost Your Creativity, and Escape the Cycles of Recurrent Depression - … *(2 copies)*	BP	Bipolar	Fieve, Ronald R.	Rodale Inc.	2006
Bipolar Disorder: An Information Guide *(2 copies)*	BP	Bipolar	CAMH Bipolar Clinic Staff	Centre for Addiction and Mental Health (CAMH)	2000
Bipolar Disorder 2003 - Issue 1 - Prevalence and Impact	BP	Bipolar	Hirschfeld, Robert M.A.	The George Washington University Medical Center	2004
Bipolar Disorder 2003 - Issue 2 - Recognition and Diagnosis	BP	Bipolar	Goodwin, Frederick K.	The George Washington University Medical Center	2004
Bipolar Disorder 2003 - Issue 3 - Pharmacotherapeutic Management	BP	Bipolar	Calabrese, Joseph R.	The George Washington University Medical Center	2004
Bipolar Disorders: A Guide to Helping Children & Adolescents	BP	Bipolar	Waltz, Mitzi	O'Reilly & Associates, Inc.	2000
Bipolar Disorders: Mixed States, Rapid Cycling and Atypical Forms	BP	Bipolar	Marneros, Andreas & Goodwin, Frederick (Editors)	Cambridge University Press	2005
Detour: My Bipolar Road Trip in 4-D	BP	Bipolar	Simon, Lizzie	Atria Books	2002
Free To Fly: A Story of Manic Depression *(2 copies)*	BP	Bipolar	Fei-Yeng Kwok, Caroline	Inclusion Press	2006
Hey Lapper! *(2 Copies)*	BP	Bipolar	Tanos, Richard P.	TanosBooks Publishing	2004
High, Flat, Down and Back Up Again! A Guide to Manic-Depressive Illness	BP	Bipolar	Amzallag, Alain	AuthorHouse	2005
Less Than Crazy: Living Fully with Bipolar II	BP	Bipolar	Dougherty, Karla	Da Capo Press	2008
Life On A Roller Coaster: Coping with the Ups and Downs of Mood Disorders	BP	Bipolar	Othmer, Dr. Ekkehard & Othmer, Sieglinde C.	The PIA Press	1989
Manic-Depressive Illness *(2 copies, 1 for Reference Only)*	BP	Bipolar	Goodwin, Frederick & Redfield Jamison, Kay	Oxford University Press	1990
Moodswing *(4 copies)*	BP	Bipolar	Fieve, Ronald R.	William Morrow & Company, Inc.	1975
Overcoming Bipolar Disorder: A Comprehensive Workbook for Managing Your Symptoms & Achieving Your Life Goals	BP	Bipolar	Bauer, Mark S., Kilbourne, Amy M., Greenwald, Devra E., Ludmana, Evette J., wth McBride, Linda	New Harbinger Publications, Inc.	2008
Riding the Tides of Life	BP	Bipolar	Tremblay, Raymond D.	Budd Publishing	2010
Skywriting: A Life Out of the Blue	BP	Bipolar	Pauley, Jane	Random House	2004
Surviving Manic Depression	BP	Bipolar	Fuller Torrey, E. & Knable, Michael B.	Basic Books	2002
swing low - a life	BP	Bipolar	Toews, Miriam	Vintage Canada	2005
Take Charge of Bipolar Disorder: A 4-Step Plan for You and Your Loved Ones to Manage the Illness and Create Lasting Stability	BP	Bipolar	Fast, Julie A. & Preston, John D.	Warner Wellness	2006
The Lily Pond: A Memoir of Madness, Memory, Myth and Metamorphosis *(2 copies)*	BP	Bipolar	Barnes, Mike	Biblioasis	2008
The Tormented Mind: A True Story of Manic-Depression	BP	Bipolar	Fei-Yeng Kwok, Caroline	Canadian Cataloguing in Publication Data/ C & R Publisher	2000
Touched with Fire - Manic-Depressive Illness and the Artistic Temperament	BP	Bipolar	Jamison, Kay Redfield	Free Press Paperbacks	1993
Through The Withering Storm	BP	Bipolar	Gregersen, Leif	Leif Gregersen	2009

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Welcome to the Jungle: Everything You Always Wanted to Know About Bipolar But Were Too Freaked Out to Ask	BP	Bipolar	Smith, Hilary	Conari Press	2010
When Irish Eyes Are Crying	BP	Bipolar	Manning, Stephen D.	University Editions, Inc.	1997
Exuberance: The Passion for Live	CE	Creativity	Jamison, Kay Redfield	Borzoi	2004
Inspiration Sandwich: Stories to Inspire Our Creative Freedom	CE	Creativity	SARK	Celestial Arts	1992
Pictures of a Childhood	CE	Creativity	Miller, Alice	Collins Publishers	1986
Reflections of Hope	CE	Creativity	Various	Eden Community House	-
The Power of Your Other Hand: A Course in Channeling the Inner Wisdom of the Right Brain	CE	Creativity	Capacchione, Lucia	New Page Books	2001
Trilogy in a Minor Key: Poems on Depression and Manic-Depression	CE	Creativity	Sawyer, Alex, Wainwright, Lucia, & Mihalas, Dimitri	The Trilogy Press	1991
Against Depression	DP	Depression	Kramer, Peter D.	Viking Penguin	2005
Awakening from Depression: A Mind/Body Approach to Emotional Recovery	DP	Depression	Marmorstein, Jerome & Marmorstein, Nanette	Woodbridge Press	1992
Beating Depression	DP	Depression	Rush, John	John Wiley and Sons Canada Limited	1983
Beating the Blues: A Guide To Avoiding and Lifting Depression	DP	Depression	Williams, Xandria	Mandarin Paperbacks	1995
Beating the Blues: Self Help for Depression	DP	Depression	McConville, Brigid	Headline Book Publishing	1996
Conquering Depression: A Guide to Understanding Symptoms, Causes, and Treatment of Depressive Illness	DP	Depression	Joffe, Russell T. & Levitt, Anthony J.	Empowering Press	1998
Conquerir la depression	DP	Depression	Joffe, Russell T. & Levitt, Anthony J.	Empowering Press	1998
Control Your Depression *(3 copies)*	DP	Depression	Lewinsohn, Peter, Munoz, Ricardo F., Youngren, Mary Ann & Zeiss, Antonette M.	A Fireside Book	1992
Darkness Visible: A Memoir of Madness *(3 copies)*	DP	Depression	Styron, William	Random House	1990
Defeating Depression *(3 copies)*	DP	Depression	Kennedy, Sidney H., Parikh, Sagar V., & Shapiro, Colin M.	Joli Joco Publications, Inc.	1998
Depressed and Anxious *(For Reference Only)*	DP	Depression	Marra, Thomas	New Harbinger Publications, Inc.	2004
Depression *(pamphlet) (For Reference Only)*	DP	Depression	National Institute of Mental Health	National Institute of Mental Health	2000
Depression and Its Treatment	DP	Depression	Greist, John H. & Jefferson, James W.	American Psychiatric Press, Inc.	1992
Depression In Adults: The Latest Assessment and Treatment Strategies	DP	Depression	Tolman, Anton O.	Compact Clinicals	2001
Depression in the Medically Ill: An Integrated Approach	DP	Depression	Rodin, Gary, Craven, John & Littlefield, Christine	Brunner/Mazel, Publishers	1991
Depressive Illness *(pamphlet) (For Reference Only)*	DP	Depression	Bartha, Christina, Parker, Carol, Thomson, Cathy, & Kitchen, Kate	Centre for Addiction and Mental Health (CAMH)	1999
Finding Words: A Writer's Memoir	DP	Depression	Brandis, Marianne	Penumbra Press	2000
From Sad To Glad *(2 Copies)*	DP	Depression	Kline, Nathan S.	Ballantine Books	1974
Guidelines for the Diagnosis and Pharmacological Treatment of Depression	DP	Depression	Canadian Network for Mood and Anxiety Treatment (CANMAT)	Canadian Network for Mood and Anxiety Treatment (CANMAT)	1999
Hand-Me-Down Blues: How to Stop Depression from Spreading in Families	DP	Depression	Yapko, Michael D.	St. Martin's Griffin	1999
Holiday of Darkness: A Psychologist's Personal Journey Out of His Depression *(3 copies)*	DP	Depression	Endler, Norman S.	John Wiley & Sons/Wall & Thompson	1982/1990
How to Cope with Depression	DP	Depression	DePaulo, Jr., J. Raymond, & Russell Ablow, Keith	Fawcett Crest	1989
How to Heal Depression *(3 copies)*	DP	Depression	Bloomfield, Harold H. & McWilliams, Peter	Prelude Press	1994
I Don't Want to Talk About It: Overcoming The Secret Legacy of Male Depression	DP	Depression	Real, Terrence	Fireside	1997
In The Jaws Of The Black Dogs: A Memoir of Depression *(2 copies)*	DP	Depression	Mays, John Bentley	Penguin Books	1995
is he depressed or what?	DP	Depression	Wexler, David B.	New Harbinger Publications, Inc.	2005
Mayo Clinic on Depression	DP	Depression	Kramlinger, Keith (Editor-in-Chief)	Mayo Clinic	2001
My Years of Her Melancholy	DP	Depression	Bonneville, Francois	Oberon Press	1998
New Results in Depression Research	DP	Depression	Hippius, H., Klerman, G. L., & Matussek, N. (Editors)	Springer-Verlag	1986
On Six Continents: A Life in Canada's Foreign Service -1966-2002	DP	Depression	Bartleman, James	A Douglas Gibson Book	2004

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On the Edge of Darkness: Conversations About Conquering Depression	DP	Depression	Cronkite, Kathy	Delta Trade Paperbacks	1994
Out of the Black Hole: The Patient's Guide to Vagus Nerve Stimulation and Depression *(2 copies)*	DP	Depression	Donovan III, Charles E.	Wellness Publishers, LLC	2005
Out of the Blue: Depression and Human Nature	DP	Depression	Cohen, David B.	W.W. Norton & Company	1994
Over The Boards: The Ron Ellis Story	DP	Depression	Ellis, Ron with Shea, Kevin	Fenn Publishing Company Ltd.	2002
Overcoming Depression *(2 copies)*	DP	Depression	Papolos, Demitri & Papolos, Janice	HarperPerennial	1987/1992
Responding to the Call	DP	Depression	Milburn, Suzan	Canadian Mental Health Association	2004
Severe Depressive Disorders	DP	Depression	Grunhaus, Leon & Greden, John F. (Editors)	American Psychiatric Press, Inc.	1994
The Beast: A Reckoning with Depression	DP	Depression	Thompson, Tracy	G.P. Putnam's Sons	1995
The Biology of Depression	DP	Depression	Deakin, J.F.W. (Editor)	Gaskell	1986
The Depression Workbook: A Guide for Living With Depression and Manic Depression *(2 copies - 1 for Reference Only)*	DP	Depression	Copeland, Mary Ellen	New Harbinger Publications, Inc.	1992
The Feeling Good Handbook	DP	Depression	Burns, David D.	A Plume Book	1990
The Good News About Depression: Cures and treatments in the new age of psychiatry	DP	Depression	Gold, Mark S.	Villard Books	1986
The Noonday Demon: An Atlas on Depression ***(2 copies????)***	DP	Depression	Solomon, Andrew	Scribner	2001
The Peace of Mind Prescription: An Authoritative Guide to Finding the Most Effective Treatment for Anxiety and Depression	DP	Depression	Charney, Dennis S. & Nemeroff, Charles B. with Braun, Stephen	Houghton Mifflin Company	2004
The Truth about Depression	DP	Depression	Whitfield, Charles L.	Health Communications, Inc.	2003
Treating Depression	DP	Depression	Glick, Ira D. (Editor)	Jossey-Bass Publishers	1995
Undercurrents: A Therapist's Reckoning with Her Own Depression *(3 copies)*	DP	Depression	Manning, Martha	HarperSanFrancisco	1994
Understanding Depression: What We Know and What You Can Do About It	DP	Depression	Depaulo, Jr. J. Raymond	John Wiley and Sons, Inc.	2002
When Feeling Bad is Good: An innovative self-help program for women to convert "healthy" depression into new sources of growth and power *(2 copies)*	DP	Depression	McGrath, Ellen	Henry Holt and Company	1992
When Living Hurts: Directives for Treating Depression	DP	Depression	Yapko, Michael D.	Brunner/Mazel, Publishers	1994
When The Blues Won't Go Away: New Approaches to Dysthymic Disorder and Other Forms of Chronic Low-Grade Depression *(2 Copies)*	DP	Depression	Hirschfeld, Robert	Macmillan Publishing Company	1991
Where's The Sunshine? Help Somebody Out!	DP	Depression	Booker, Theodora	Larris House	1997
Willow Weep For Me: A Black Woman's Journey Through Depression - A Memoir	DP	Depression	Danquah, Meri Nana-ama	W.W. Norton & Company	1998
You Are Not Alone: Words of Experience and Hope For the Journey Through Depression	DP	Depression	Thorne, Julia with Rothstein, Larry	HarperPerennial	1993
You Mean I Don't *Have* to Feel This Way? New Help for Depression, Anxiety, and Addiction *(2 copies)*	DP	Depression	Dowling, Colette	Charles Scribner's Sons	1991
Your Depression Map: Find The Source of Your Depression and Chart Your Own Recovery	DP	Depression	Paterson, Randy J.	New Harbinger Publications, Inc.	2002
Electroshock: Healing Mental Illness	ECT	Electroshock	Fink, Max	Oxford University Press	1999
Shock: The Healing Power of Electoconvulsive Therapy	ECT	Electroshock	Dukakis, Kitty & Tye, Larry		
12 Steps to Self-Parenting for Adult Children	FA	Families	Oliver-Diaz, Philip & O'Gorman, Patricia A.	Health Communications, Inc.	1988
Adult Children: The Secrets of Dysfunctional Families	FA	Families	Friel, John & Friel, Linda	Health Communications, Inc.	1988
Adult Children of Alcoholics	FA	Families	Geringer Woititz, Janet	Health Communications Inc.	1983
All Together Now: How Families Are Affected by Depression and Manic Depression *(pamphlet - 2 copies)*	FA	Families	Hoffman, John	Canadian Mental Health Association (CMHA)	-
Altered Loves: Mothers And Daughters During Adolescence	FA	Families	Apter, Terri	St. Martin's Press Inc.	1990
An Illustrated Friendship Notebook - For your own notes, family records, plans or personal mementoes	FA	Families	Clarke, Juliette	Exley	1991
Beyond Grief: A Guide for Recovering from the Death of a Loved One	FA	Families	Staudacher, Carol	New Harbinger Publications, Inc.	1987
Breaking the Silence	FA	Families	Hartley, Mariette & Commire, Anne	G.P. Putnam's Sons	1990
Chronic Sorrow: A Living Loss *(2 copies)*	FA	Families	Roos, Susan	Brunner-Routledge	2002
Contagious Emotions	FA	Families	Podell, Ronald M. & Shimer, Porter	Pocket Books	1992

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Divergent Realities: The Emotional Lives of Mothers, Fathers, and Adolescents	FA	Families	Larson, Reed & Richards, Maryse H.	BasicBooks	1994
Families and how to survive them	FA	Families	Skynner, Robin & Cleese, John	Methuen	1983
Family Healing: Strategies For Hope and Understanding	FA	Families	Minuchin, Salvador & Nichols, Michael P.	A Touchstone Book	1993
Family Myths: Living Our Roles, Betraying Ourselves	FA	Families	Block, Joyce	Simon & Schuster	1994
Feelings: Inside You & Outloud Too	FA	Families	Polland, Barbara Kay	Celestial Arts	1975
Growing Up Again: Parenting Ourselves, Parenting Our Children	FA	Families	Illsley Clarke, Jean & Dawson, Connie	A Harper/Hazelden Book	1989
Hand-Me-Down Blues: How to Stop Depression from Spreading in Families	FA	Families	Yapko, Michael D.	St. Martin`s Griffin	1999
Healing the Child Within: Discovery and Recovery for Adult Children of Dysfunctional Families *(2 copies)*	FA	Families	Whitfield, Charles L.	Health Communications, Inc.	1987
Healing The Shame That Binds You	FA	Families	Bradshaw, John	Health Communications, Inc.	1988
Hope For Parents: Helping Your Borderline Son or Daughter…	FA	Families	Winkler, Kathleen & Kreger, Randi	Eggshells Press	1999
How You Can Survive When They`re Depressed: Living and Coping with Depression Fallout *(2 copies)*	FA	Families	Sheffield, Anne	Three Rivers Press	1998
I Am Not Sick, I Don't Need Help!	FA	Families	Amador, Xavier	Vida Press	2007
Let's Talk About Parenting - A Self-Guided Study Program	FA	Families	Prato, Dianne	Nurturing Meadow Press	1993
Living Longer Depression Free: A Family Guide to Recognizing, Treating, and Preventing Depression in Later Life	FA	Families	Miller, Mark D. & Reynolds, Charles F. III	The Johns Hopkins University Press	2002
Mental Illness in the Family	FA	Families	Abosh, Beverley & Collins, April	University of Toronto Press	1996
My Parent's Keeper: Adult Children of the Emotionally Disturbed	FA	Families	Brown, Eva Marian	New Harbinger Publications, Inc.	1989
My Sister's Keeper	FA	Families	Moorman, Margaret	Penguin Books	1992
Non-Traditional Parenting Interventions: The Impact of Early Trauma on Parenting Roles and Parenting at a Distance	FA	Families	Community Connections, Inc.	Community Connections, Inc.	2001
Nothing To Be Ashamed Of: Growing Up With Mental Illness in your Family *(2 copies)*	FA	Families	Dinner, Sherry H.	Lothrop, Lee & Shepard Books	1989
Out of the Darkened Room: When a Parent is Depressed - Protecting the Children and Strengthening the Family	FA	Families	Beardslee, William R	Little, Brown and Company	2002
Parenting Well When You're Depressed: A Complete Resource for Maintaining A Healthy Family	FA	Families	Nicholson, Joanne, Henry, Alexis, Clayfield, Jonathan C. & Phillips, Susan M.	New Harbinger Publications, Inc.	2001
Talk, Talk, Talk: an investigation into the mysteries of speech	FA	Families	Ingram, Jay	Penguin Books	1992
The Co-Dependent Parent: Free Yourself by Freeing Your Child	FA	Families	Cottman Becnel, Barbara	HarperSanFrancisco	1991
The First Five Years	FA	Families	Invest in Kids	Invest in Kids	?
The Skipping Stone: Ripple Effects of Mental Illness on the Family	FA	Families	Wasow, Mona	Science and Behavior Books, Inc.	1995
We Heard The Angels of Madness: One Family's Struggle with Manic Depression	FA	Families	Berger, Diane & Berger, Lisa	William Morrow and Company, Inc.	1991
What to Do When Someone You Love Is Depressed: A Practical, Compassionate, and Helpful Guide	FA	Families	Golant, Mitch & Golant, Susan K.	An Owl Book	1996
When Living Hurts	FA	Families	Gordon, Sol	A Dell Book	1988
When Madness Comes Home: Help and Hope for the Children, Siblings, and Partners of the Mentally Ill	FA	Families	Secunda, Victoria	Hyperion	1997
When Someone You Love Is in Therapy	FA	Families	Gold, Michael with Scampini, Marie	Hunter House	1993
Your Child's Health & Wellness Record	FA	Families	Melnick, Karen	HR Press	2006
Client Rights in Psychotherapy & Counselling: A Handbook of Client Rights and Tjherapist Responsibility	GE	General	Beamish, Susan, Melanson, Michelle, & Oladimeji, Marilyn	The Client Rights Project	1998
Emotional Intelligence	GE	General	Goleman, Daniel	Bantam Books	1995
Hippocrates Now! Is Your Doctor Ethical?	GE	General	Parsons, Patricia, B. & Parsons, Arthur	University of Toronto Press	1995
Hope & Heroes - Portraits of Integrity & Inspiration *(2 copies)*	GE	General	Shainbaum, Barry	London Street Press	2003
Inward Bound: Exploring the Geography of Your Emotions	GE	General	Keen, Sam	Bantam Books	1992
Not Anytime Soon! The life & times of Linda Chamberlain	GE	General	The Linda Chamberlain Working Group	Open Policy Ontario	2013

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On Caring	GE	General	Mayeroff, Milton	Perennial Library	1971
Private Moments, Secret Selves: Enriching Our Time Alone	GE	General	Kottler, Jeffrey	Ballantine Books	1990
Radical Acts of Love	GE	General	Skog, Susan	Hazelden	2001
Solitude	GE	General	Storr, Anthony	Flamingo - An Imprint of HarperCollins Publishers	1989
Something Lyrical for the Night *(2 copies)*	GE	General	Cooper, H.M.	Bedside Books	2005
Successful Self-Management: Increasing Your Personal Effectiveness	GE	General	Timm, Paul R.	Axzo Press	1993
The Clocks That Time Us: Physiology of the Circadian Timing System	GE	General	Moore-Ede, Martin C., Sulzman, Frank M., & Fuller, Charles A.	Harvard University Press	1982
The Greatness Guide - Book 2	GE	General	Sharma, Robin	HarperCollins Publishers Ltd.	2007
The Happy Neurotic	GE	General	Granirer, David	Warwick Publishing	2007
The Helping Interview	GE	General	Benjamin, Alfred	Houghton Mifflin Company	1981
The Kind of Life It's Been: A Memoir	GE	General	Robertson, Lloyd	HarperCollins Publishers Ltd.	2012
The Mindboggling Workbook	GE	General	The Dana Alliance for Brain Initiatives	The Dana Alliance for Brain Initiatives	
The Road To Empowerment: Following the educational path of University students with psychiatric disabilities *(For Reference Only)*	GE	General	Weiner, Enid	York University	2001
The Science of Everyday Life	GE	General	Ingram, Jay	Penguin Books	1990
The Year is a Circle: A Celebration of Henry David Thoreau	GE	General	Friesen, Victor Carl	Natural Heritage/Natural History Inc.	1995
Toward Recovery & Well-Being: A Framework for a Mental Health Strategy for Canada (For Reference)	GE	General	Mental Health Commission of Canada	Mental Health Commission of Canada	2009
Veronika Decides To Die	GE	General	Coelho, Paulo	Perennial	2001
When The Mind Fails: A Guide To Dealing With Incompetency	GE	General	Silberfeld, Michel & Fish, Arthur	University of Toronto Press	1994
You're Smarter Than They Make you Feel: How the Experts Intimidate Us and What We Can Do About It	GE	General	Caplan, Paula J.	The Free Press	1994
Infinite Mind: Science of the Human Vibrations of Consciousness	GN	Genetics	Hunt, Valerie V.	Malibu Publishing Co.	1989
Mood Genes: Hunting for Origins of Mania and Depression *(2 copies)*	GN	Genetics	Barondes, H. Samuel	Oxford University Press	1998
Nature's Thumbprint: The New Genetics of Personality	GN	Genetics	Neubauer, Peter N. & Neubauer, Alexander	Columbia University Press	1996
Psychiatric Skeletons - Tracing the Legacy of Mental Illness in the Family *(2 copies)*	GN	Genetics	Targum, Steven D.	The PIA Press	1989
Receptors	GN	Genetics	Restak, Richard M.	Bantam Books	1994
The Anatomy of Intelligence	GN	Genetics	Preston Brooks, Patricia	Today's World Publications	1984
The Biotech Century: Harnessing the Gene and Remaking the World	GN	Genetics	Rifkin, Jeremy	Jeremy P. Tarcher/Putnam	1998
The Burning House: Unlocking the Mysteries of the Brain	GN	Genetics	Ingram, Jay	Viking	1994
The Living Energy Universe	GN	Genetics	Schwartz, Gary E.R. & Russek, Linda G.S.	Hampton Roads Publishing Company, Inc.	1999
The Secret of the Brain Chip: A Self-Help Guide for People Suffering from Psychosis *(2 copies)*	GN	Genetics	De Hert, Marc, Magiels, Geerdt, & Thys, Erik	EPO	2000
Giving Sorrow Words: How to Cope with Grief & Get On with Your Life	GR	Grief	Lightner, Candy & Hathaway, Nancy	Warner Books	1990
I Can't Stop Crying: It's Hard When Someone You Love Dies	GR	Grief	Martin, John D. & Ferris, Frank D.	Key Porter Books	1992
My Son… My Son - A Guide to Healing After Death, Loss, or Suicide	GR	Grief	Bolton, Iris with Mitchell, Curtis	Bolton Press Atlanta	
A World Waiting To Be Born: Civility Rediscovered	HH	Health & Healing	Peck, M. Scott	Bantam Books	1994
Caring for the Mind: The Comprehensive Guide to Mental Health	HH	Health & Healing	Hales, Dianne & Hales, Robert E.	Bantam Books	1995
Close to the Bone: Life-Threatening Illness and the Search for Meaning	HH	Health & Healing	Shinoda Bolen, Jean	Scribner	1996
Cycles of Power	HH	Health & Healing	Levin, Pamela	Health Communications, Inc.	1988
Embracing Uncertainty: Breakthrough Methods for Achieving Peace of Mind When Facing the Unknown	HH	Health & Healing	Jeffers, Susan	St. Martin's Press	2003
Emotional Fitness: discovering our natural healing power	HH	Health & Healing	Berger, Janice	Penguin Canada	2000

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End The Struggle and Dance With Life: How to Build Yourself Up When the World Gets You Down *(2 copies)*	HH	Health & Healing	Jeffers, Susan	St. Martin's Press	1996
Focusing *(2 copies)*	HH	Health & Healing	Gendlin, Eugene T.	Bantam Books	1978
Forgiveness: How To Make Peace With Your Past and Get On With Your Life	HH	Health & Healing	Simon, Sidney B. & Simon, Suzanne	Warner Books	1990
Get It Done When You're Depressed	HH	Hope & Healing	Fast, Julie A. & Preston, John D.	Alpha Books	2008
Goodbye to Guilt: Releasing Fear Through Forgiveness	HH	Health & Healing	Jampolsky, Gerald	Bantam Books	1985
Healing and Empowering the Feminine: A Labyrinth Journey	HH	Health & Healing	Shaindel Senensky, Sylvia	Chiron Publications	2003
Healing the Child Within: Discovery and Recovery for Adult Children of Dysfunctional Families	HH	Health & Healing	Whitfield, Charles L.	Health Communications, Inc.	1987
Healing Your Aloneness: Finding Love and Wholeness Through Your Inner Child	HH	Health & Healing	Chopich, Erika J. & Paul, Margaret	Harper & Row, Publishers, San Francisco	1990
Healthy Pleasures	HH	Health & Healing	Ornstein, Robert & Sobel, David	Addison-Wesley Publishing Company	1989
Hidden Victims: An Eight-Stage Healing Process for Families and Friends of the Mentally Ill	HH	Health & Healing	Tallard Johnson, Julie	Doubleday	1988
Homecoming: Reclaiming and Championing Your Inner Child	HH	Health & Healing	Bradshaw, John	Bantam Books	1990
Hope For A Heavy Heart: For the War-Weary and the Heaven-bent	HH	Health & Healing	Richardson, Ellen	Tate Publishing & Enterprises	2008
Hope in Healing	HH	Health & Healing	Edwards, Tess & Derouard, Mary	Source RE Source	1994
Hope: The Dynamics of Self-Fulfilment	HH	Health & Healing	Hutschnecker, Arnold A.	Pocket Books	1981
Hoping, Coping & Moping: Handling Life When Illness Makes It Tough	HH	Health & Healing	Jevne, Ronna	Health Information Press	2000
Mental Health Through Will-Training	HH	Health & Healing	Low, Abraham A.	The Christopher Publishing House	1950
Mind Over Mood: Change How You Feel by Changing the Way You Think ***(3 copies)***	HH	Health & Healing	Greenberger, Dennis & Padesky, Christine A.	The Guilford Press	1995
My Journey Back to Myself	HH	Health & Healing	Rae, Lynn	Xlibris Corporation	2007
Peaceful Mind: Using Mindfulness & Cognitive Behavioral Psychology to Overcome Depression	HH	Health & Healing	McQuaid, John R. & Carmona, Paula E.	New Harbinger Publications, Inc.	2004
Reclaiming the Inner Child	HH	Health & Healing	Various - Abrams, Jeremiah (Editor)	Jeremy P. Tarcher, Inc.	1990
Recovery Of Your Inner Child	HH	Health & Healing	Capacchione, Lucia	A Fireside Book	1991
Riding the Rollercoaster: Living with Mood Disorders	HH	Health & Healing	Bergen, Marja	Northstone	1999
Sanity, Insanity, and Common Sense: The Groundbreaking New Approach to Happiness	HH	Health & Healing	Suarez, Rick, Mills, Roger C. & Stewart, Darlene	Fawcett Columbine	1987
Saving Graces: Reflections on Hope in Everyday Life *(2 copies)*	HH	Health & Healing	Madott, Bertha Catherine	Novalis, Saint Paul University	2000
The Anatomy of Loneliness	HH	Health & Healing	Hartog, Joseph, Audy, J. Ralph, & Cohen, Yehudi A.	International Universities Press	1980
The Blue Day Book: A Lesson In Cheering Yourself Up *(2 copies)*	HH	Health & Healing	Greive, Bradley Trevor	Andrews McMeel Publishing	2000
The Complete Idiot's Guide to Short Workouts	HH	Health & Healing	Johnson-Cane, Deidre, Cane, Jonathan, & Glickman, Joe	Alpha Books	2001
The Courage to Heal: A Guide for Women Survivors of Childhood Sexual Abuse	HH	Health & Healing	Bass, Ellen & Davis, Laura	Harper & Row, New York	1988
The Emotional Energy Factor: The Secrets High-Energy People Use to Beat Emotional Fatigue	HH	Health & Healing	Kirshenbaum, Mira	Delacorte Press	2003
The Language of Feelings	HH	Health & Healing	Viscott, David	Pocket Books	1976
The Magic of Believing	HH	Health & Healing	Bristol, Claude M.	Pocket Books	1948
The Pilates Powerhouse	HH	Health & Healing	Winsor, Mari with Laska, Mark	Perseus Books	1999
The Relaxation & Stress Reduction Workbook ***(2 copies)***	HH	Health & Healing	Davis, Martha, Robbins Eshelman, Elizabeth & McKay, Matthew	New Harbinger Publications, Inc.	2008
The Secret of the Shadow: The Power of Owning Your Whole Story	HH	Health & Healing	Ford, Debbie	HarperSanFrancisco	2002
The Way Up from Down	HH	Health & Healing	Slagle, Priscilla	Random House	1987
Timeless Healing: The Power and Biology of Belief	HH	Health & Healing	Benson, Herbert with Stark, Marg	Scribner	1996
Wellness Against All Odds	HH	Health & Healing	Rogers, Sherry A.	Prestige Publishing	1994
What Really Matters: Searching for the Wisdom in America	HH	Health & Healing	Schwartz, Tony	Bantam Books	1995
When All You've Ever Wanted Isn't Enough	HH	Health & Healing	Kushner, Harold	Summit Books	1986
When Smart People Fail	HH	Health & Healing	Hyatt, Carole & Gottlieb, Linda	Simon and Schuster	1987

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Women's Encyclopedia of Health & Emotional Healing *(For Reference Only)*	HH	Health & Healing	Foley, Denise, Nechas, Eileen, & the Editors of *Prevention* Magazine	Rodale Press	1993
Yes You Can! Commitment and Strategies for Overcoming Bipolar and Unipolar Depression	HH	Health & Healing	Mead, Richard Aaron	Regent Press	2001
Yoga for Depression	HH	Health & Healing	Weintraub, Amy	Broadway Books	2004
Ageless Body, Timeless Mind: The Quantum Alternative to Growing Old	HO	Holistic	Chopra, Deepak	Harmony Books	1993
Aromatherapy and Your Emotions: How To Use Essential Oils To Balance Body and Mind	HO	Holistic	Price, Shirley	Thorsons	2000
Awaken Healing Energy Through the Tao	HO	Holistic	Chia, Mantak	Aurora Press	1983
Bach Flower Remedies for Beginners: 38 Essences that Heal from Deep Within	HO	Holistic	Vennells, David F.	Llewellyn Publications	2001
Bioenergetics: The revolutionary therapy that uses the language of the body to heal the problems of the mind	HO	Holistic	Lowen, Alexander	Penguin Books	1975
Breathing Free: The Revolutionary 5-day Program to Heal Asthma, Emphysema, Bronchitis, and Other Respiratory Ailments	HO	Holistic	Hale, Teresa	Harmony Books	1999
Buffalo Woman Comes Singing	HO	Holistic	Medicine Eagle, Brooke	Ballantine Books	1991
Coming To Our Senses: Healing Ourselves and the World Through Mindfulness	HO	Holistic	Kabat-Zinn, Jon	Hyperion	2005
Core Energetics: Developing the Capacity to Love and Heal	HO	Holistic	Pierrakos, John C.	Life Rhythm Publication	1990
Dealing with Depression Naturally: The Drugless Approach to the Condition that Darkens Millions of Lives	HO	Holistic	Baumel, Syd	Keats Publishing Inc.	1995
Depression-free For Life: An All-Natural, 5-Step Plan To Reclaim Your Zest for Living	HO	Holistic	Cousens, Gabriel with Mayell, Mark	William Morrow	2000
Energize! The Alchemy of Breath & Movement for Health & Transformation	HO	Holistic	Elrond, Juliana and Blawyn, Sophia with Suzanne Jones	Llewellyn Publications	1993
Reader's Guide Family Guide to Natural Medicine: How To Stay Healthy the Natural Way	HO	Holistic	Reader's Digest	Reader's Digest	1993
Finding Care for Depression, Mental Episodes & Brain Disordes *(3 copies)*	HO	Holistic	Sealey, Robert	Sear Publications	2001
Guided Meditations, Explorations and Healings	HO	Holistic	Levine, Stephen	Anchor Books - Doubleday	1991
Healing Visualizations: Creating Health Through Imagery	HO	Holistic	Epstein, Gerald	Bantam Books	1989
Homoepathic Medicine: A Doctor's Guide to Remedies for Common Ailments	HO	Holistic	Smith, Trevor	Thorsons Publishers Inc.	1983
Hypericum & Depression	HO	Holistic	Bloomfield, Harold H., Nordfors, Mikael & McWilliams, Peter	Prelude Press	1996
I Deserve Love	HO	Holistic	Ray, Sondra	Les Femmes	1976
Inner Beauty - Looking, Feeling and Being Your Best	HO	Holistic	Zhao, Xiaolan	Random House Canada	2011
Instant Emotional Healing: Acupressurefor the Emotions	HO	Holistic	Lambrou, Peter& Pratt, George	Broadway Books	2000
Light: Medicine of the Future	HO	Holistic	Liberman, Jacob	Bear & Company Publishing	1991
Living with Joy: Keys to Personal Power & Spiritual Transformation	HO	Holistic	Roman, Sanaya	H J Kramer Inc	1986
Mindfulness with Breathing: A Manual for Serious Beginners	HO	Holistic	Bhikkhu, Buddhadasa	Wisdom Publications	1997
Oxygen Healing Therapies - For Optimum Health & Vitality	HO	Holistic	Altman, Nathaniel	Healing Arts Press	1995
Quantum - Touch: The Power to Heal	HO	Holistic	Gordon, Richard	North Atlantic Books	1999
Solving the Depression Puzzle: The Ultimate *Investigative* Guide to Uncovering the Complex Causes of *Depression* , and How to Overcome It Using *Holistic* Approaches	HO	Holistic	Elkins, Rita	Woodland Publishing	2001
Stop Depression Now: SAM-e: The Breakthrough Supplement That Works as Well as Prescription Drugs in Half the Time…with No Side Effects	HO	Holistic	Brown, Richard, Bottiglieri, Teodoro & Colman, Carol	G.P. Putnam's Sons	1999
The Breath Book: 20 Ways to Breathe Away Stress, Anxiety and Fatigue	HO	Holistic	Weller, Stella	Thorsons	1999
The Breathing Book: Good Health and Vitality Through Essential Breath Work	HO	Holistic	Farhi, Donna	An Owl Book	1996
The Creation of Health: The Emotional, Psychological, and Spiritual Responses that Promote Health and Healing	HO	Holistic	Shealy, C. Norman & Myss, Caroline	Still Point Publishing	1988
The Mindful Way through Depression *(4 copies)*	HO	Holistic	Williams, Mark, Teasdale, John, Segal, Zindel, & Kabat-Zinn, Jon	The Guilford Press	2007
The Natural Medicine Guide to Depression	HO	Holistic	Marohn, Stephanie	Hampton Roads Publishing Company, Inc.	2003

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The Power of the Mind to Heal: Renewing Body, Mind, and Spirit	HO	Holistic	Borysenko, Joan & Borysenko, Miroslav	Hay House, Inc.	1994
The Power of Total Living	HO	Holistic	Bach, Marcus	Dodd, Mead & Company	1977
The Secrets to Recovery from Mental Illness: A Mother's Guide	HO	Holistic	Santini, Linda	Linda Santini, M. Ed.	2008
The Tao of Natural Breathing: For Health, Well-Being and Inner Growth	HO	Holistic	Lewis, Dennis	Mountain Wind Publishing	1997
The Uncommon Touch: An Investigation of Spiritual Healing	HO	Holistic	Harpur, Tom	McClelland & Stewart Inc.	1994
The Zen of Listening: Mindful Communication in the Age of Distraction	HO	Holistic	Shafir, Rebecca Z.	Quest Books	2000
Therapeutic Touch: A Practical Guide	HO	Holistic	Macrae, Janet	Alfred A. Knopf	1987
Thorsons Principles of Breathwork	HO	Holistic	Ambikananda Saraswati, Swami	Thorsons	1999
You Can Heal Your Life	HO	Holistic	Hay, Louise L.	Hay House	1984
A Guide to Consent and Capacity Law in Ontario - 2005 *(For Reference Only)*	LAW	Law	Hiltz, D'Arcy & Szigeti, Anita	Butterworths	2005
A Guide to Consent and Capacity Law in Ontario - 2006 *(For Reference Only)*	LAW	Law	Hiltz, D'Arcy & Szigeti, Anita	Butterworths	2006
A Practical Guide to Mental Health, Capacity, and Consent Law of Ontario *(For Reference Only)*	LAW	Law	Bloom, Hy & Bay, Michael (Editors)	Thomson Canada Limited	1996
Guide to the Human Rights Code *(For Reference Only)*	LAW	Law	Ontario Human Rights Commission	Government of Ontario	1999
Rights and Responsibilities: Mental Health and the Law *(For Reference Only)*	LAW	Law	Ministy of Health and Long-Term Care	Queen's Printer for Ontario	2001
Your Guide to Canadian Law *(For Reference Only)*	LAW	Law	Demakos, Antree, Levine, Ian D., Crawford, Michael G. & Middlemiss, James C.	Fitzhenry & Whiteside	2006
Queer Blues - The Lesbian & Gay Guide to Overcoming Depression	LGBTQ	Lesbian Gay Bisexual Transgendered & Queer	Hardin, Kimeron & Hall, Marny	New Harbinger Publications, Inc.	2001
When Your Spouse Comes Out - A Straight Mate's Recovery Manual	LGBTQ	Lesbian Gay Bisexual Transgendered & Queer	Grever, Carol & Bowman, Deborah	The Haworth Press	2008
Better Than Prozac: Creating the Next Generation of Psychiatric Drugs	MED	Medications	Barondes, Samuel H.	Oxford University Press	2003
Drugs & Drug Abuse	MED	Medications	Brands, Bruna, Sproule, Beth & Marshman, Joan	Addiction Research Foundation (ARF)	1998
Listening to Prozac: A Psychiatrist Explores Antidepressant Drugs and the Remaking of the Self *(2 copies)*	MED	Medications	Kramer, Peter D.	Penguin Books	1993
Lithium: Actions and Mechanisms	MED	Medications	El-Mallakh, Rif S.	American Psychiatric Press, Inc.	1996
Living with Tricyclic Antidepressants: Personal Accounts of Life on Imprimamine *(Tofranil)* , Nortriptyline *(Pamelor)* , Amitryiptyline *(Elavil)*	MED	Medications	Elfenbein, Debra (Editor)	HarperSanFrancisco	1996
Making the Prozac Decision: A Guide to Antidepressants	MED	Medications	Turkington, Carol & Kaplan, Eliot F.	Contemporary Books	1995
Manic Depressive Disorders & When Lithium Does Not Work	MED	Medications	Puddu, Silvana & Persad, Emmanuel	Depressive and Manic Depressive Association of Ontario (DMDA)	1993
Medications *(pamphlet) (For Reference Only)*	MED	Medications	National Institute of Mental Health (NIMH)	National Institute of Mental Health (NIMH)	2002
Medications and Mothers' Milk	MED	Medications	Hale, Thomas W.	Pharmasoft Publishing	2002
Professional's Handbook of Psychotropic Drugs *(For Reference Only)*	MED	Medications	Hollander, Eric (Foreword)	Springhouse Corporation	2001
RDA: Rats, Drugs and Assumptions	MED	Medications	Ali, Majid	Life Span Press	1995
Talking Back to Prozac: What Doctors Aren't Telling You About Today's Most Controversial Drug	MED	Medications	Breggin, Peter R. & Breggin, Ginger Ross	St. Martin's Press	1994
The Anti-Depressant Sourcebook: A User's Guide for Patients and Families	MED	Medications	Morrison, Andrew L.	Broadway Books	1999
The Canadian Psychotropic Handbook: First Edition *(For Reference Only)*	MED	Medications	Joffe, Russell T. & Gardner, David M.	Sudler & Hennessey	2000
The Essential Guide to Prescription Drugs 2001 - Everything You Need to Know for Safe Drug Use *(For Reference Only)*	MED	Medications	Rybacki, James J. & Long, James W.	HarperResource	2001
The Myth of the Chemical Cure - A Critique of Psychiatric Drug Treatment	MED	Medications	Moncrieff, Joanna	Palgrave Macmillan	2008
Awakening From The Deep Sleep: A Powerful Guide for Courageous Men	MEN	Men	Pasick, Robert	HarperSanFrancisco	1992
I Don't Want to Talk About It: Overcoming The Secret Legacy of Male Depression	MEN	Men	Real, Terrence	Fireside	1997

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Real Boys: Rescuing Our Sons from the Myths of Boyhood	MEN	Men	Pollack, William	An Owl Book	1998
The Way Men Think: Intellect, Intimacy and the Erotic Imagination	MEN	Men	Hudson, Liam & Jacot, Bernadine	Yale University Press	1991
A Mood Apart: The Thinker's Guide to Emotion and Its Disorders	MI	Mental Illness	Whybrow, Peter C.	HarperPerennial	1997
Beloved Stranger: Reflections on Mental Illness - How Friends and Families Experience the Loneliness of Illness	MI	Mental Illness	Brust Heaney, Mary	Proctor Publications, L.L.C.	1996
Beyond Crazy: Journeys Through Mental Illness *(3 copies)*	MI	Mental Illness	Nunes, Julia & Simmie, Scott	M & S	2002
Depression - Comparative Studies of Normal, Neurotic, and Psychotic Conditions	MI	Mental Illness	Jacobson, Edith	International Universities Press, Inc.	1971
Dual Diagnosis: An introduction to the mental health needs of persons with developmental disabilities	MI	Mental Illness	Griffiths, Dorothy M., Stavrakaki, Chrissoula & Summers, Jane (Editors)	Habilitative Mental Health Resource Network	2002
Honouring the Past, Shaping the Future - 25 Years of Progress in Mental Health Advocacy and Rights Protection	MI	Mental Illness	Psychiatric Patient Advocate Office	Queen's Printer for Ontario	2008
Madness: A Brief History	MI	Mental Illness	Porter, Roy	Oxford University Press	2002
Mental Health And the Elderly: A Social Work Perspective	MI	Mental Illness	Turner, Francis J.	The Free Press	1992
Mental Illness: Survival and Beyond *(2 copies)*	MI	Mental Illness	Wilson, Virginia S.	Trafford Publishing	1998
Mind, Mood & Medicine: A Guide to the New Biopsychiatry	MI	Mental Illness	Wender, Paul H. & Klein, Donald F.	A Meridian Book	1981
National Guidelines for Seniors' Mental Health - The Assessment and Treatment of Depression *(For Reference Only)*	MI	Mental Illness	Canadian Coalition for Seniors' Mental Health	Canadian Coalition for Seniors' Mental Health	2006
Reborn from Mental Illness *(in Chinese)*	MI	Mental Illness	Feiying, Guo	New Life Psychiatric Rehabilitation Association	
SADD - Depressive Disorders in Different Cultures	MI	Mental Illness	World Health Organization	World Health Organization	1983
Schizophrenia and Manic-Depressive Disorder *(2 copies)*	MI	Mental Illness	Fuller Torrey, E., Bowler, Ann, Taylor, Edward & Gottesman, Irving	BasicBooks	1994
The Last Taboo: A Survival Guide to Mental Health Care in Canada	MI	Mental Illness	Simmie, Scott & Nunes, Julia	McClelland & Stewart	2001
The Man Who Mistook His Wife for a Hat and Other Clinical Tales	MI	Mental Illness	Sacks, Oliver	Perennial Library	1987
The Myth Of Mental Illness: Foundations of a Theory of Personal Conduct	MI	Mental Illness	Szasz, Thomas S.	Perennial Library	1974
The Natural History of Mania, Depression, and Schizophrenia	MI	Mental Illness	Winokur, George & Tsuang, Ming T.	American Psychiatric Press, Inc.	1996
The Truth About Mental Illness	MI	Mental Illness	Whitfield, Charles L.	Health Communications, Inc.	2004
Understanding & Treating Mental Illness: The Strengths & Limits of Modern Psychiatry	MI	Mental Illness	Cleghorn, John M. & Lee, Betty Lou	Hogrefe & Huber Publishers	1991
Understanding Mental Illness: For Teens Who Care about Someone with Mental Illness	MI	Mental Illness	Tallard Johnson, Julie	Lerner Publications Company	1989
Before the Change: Taking Charge of Your Perimenopause	MP	Menopause	Gittleman, Louise	HarperSanFrancisco	1998
Double Menopause: What To Do When Both You and Your Mate Go Through Hormonal Changes Together	MP	Menopause	Cetel, Nancy	John Wiley & Sons, Inc.	2002
Dr. Susan Love's Menopause & Hormone Book: Making Informed Choices	MP	Menopause	Love, Susan M. with Lindsey, Karen	Three Rivers Press	1997
Hormone Replacement Therapy and You *(pamphlet) (For Reference Only)*	MP	Menopause	The Society of Obstetricians and Gynaecologists of Canada	Canadian Foundation for Women's Health	2002
Hormones, Hot Flashes and Mood Swings	MP	Menopause	Gillespie, Clark	Harper Perennial	1994
How to Survive Menopause Without Going Crazy	MP	Menopause	Lipari Lee, Leona	Authors Choice Press	2001
Is It Hot in Here... Or Is It Me? Mastering the Maze of Menopause	MP	Menopause	D'Abate, Lorraine & Kenyon, Nancy	Indus Publishing Corporation	2000
Men Surviving Menopause: You and the Woman You Love at Mid-life	MP	Menopause	Selinger, Paul	Writer's Showcase Presented by Reader's Digest	2000
Menopause and the Mind	MP	Menopause	Warga, Claire	A Touchstone Book	2000
Mental Pause and ...Other Midlife Laughs	MP	Menopause	Jensen Walker, Laura	Fleming H. Revell	2001
"No, It's Not Hot in Here" - A Husband's Guide to Understanding Menopause *(2 copies)*	MP	Menopause	Roth, Dick	Ant Hill Press	1999
The Premature Menopause Book: When The "Change Of Life" Comes Too Early	MP	Menopause	Petras, Kathryn	Quill	2002
The Silent Passage *(2 copies)*	MP	Menopause	Sheehy, Gail	Random House/Pocket Books	1991

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What Your Doctor May Not Tell You About Premenopause: Balance Your Hormones and Your Life from Thirty to Fifty	MP	Menopause	Lee, John R., Hanley, Jesse, & Hopkins, Virginia	Warner Books	1999
American Academy of Pediatrics Guide to Your Child's Nutrition	NU	Nutrition	Dietz, William & Stern, Loraine (Editors)	Villard	1999
Chatelaine's Collection of Home Tested Recipes	NU	Nutrition	Chatelaine Institute	Maclean-Hunter	1968
Cooking for One	NU	Nutrition	Mannion Wilmot, Norah	J.J. Douglas Ltd.	1975
Healthy Indulgences	NU	Nutrition	Fischer, Lynn	Hearst Books	1995
How Are You Peeling? Foods With Moods	NU	Nutrition	Freymann, Saxton & Elffers, Joost	Arthur A. Levine Books	1999
Into The Light: A Low Stress, Low Fat Cookbook *(2 copies)*	NU	Nutrition	Many Contributors	Rasmussen Company	2003
Let's Eat! Susan's Favorite Low-fat Recipes to Fit Your Lifestyle	NU	Nutrition	Powter, Susan	A Fireside Book	1996
Simply Magnificent!	NU	Nutrition	MAG/ONAS United Way Campaign	Maracle Press & MAG Print Services	2003
The Book of Whole Meals: A Seasonal Guide to Assembling Balanced Vegetarian Breakfasts, Lunches & Dinners	NU	Nutrition	Colbin, Annemarie	Ballantine Books	1983
The Natural Health Cookbook: More Than 150 Recipes to Sustain and Heal the Body	NU	Nutrition	Jacobi, Dana and the Editors of Natural Health Magazine	Simon & Schuster	1995
The Only Diet There Is	NU	Nutrition	Ray, Sondra	Celestial Arts	1981
You Can Cook For One (or even two)	NU	Nutrition	Pickoff, Louise	A.S. Barnes and Company, Inc.	1961
A New Guide to Rational Living	PC	Psychology	Ellis, Albert, & Harper, Robert A.	Institute for Rational Living, Inc.	1975
Bluff Your Way in Psychology	PC	Psychology	Goldfarb, Richard L.	Centennial Press	1990
Case Studies in Abnormal Psychology	PC	Psychology	Oltmanns, Thomas F., Neale, John M., & Davison, Gerald C.	John Wiley and Sons	1986
Crisis Counseling with Children and Adolescents: A Guide for Non-Professional Counselors	PC	Psychology	Van Ornum, William & Mordock, John B.	Continuum	1988
Emotional Blackmail: When the People In Your Life Use Fear, Obligation and Guilt to Manipulate You	PC	Psychology	Forward, Susan with Frazier, Donna	HarperCollins Publishers	1997
New Ways in Psychoanalysis	PC	Psychology	Horney, Karen	W. W. Norton & Company	1966
Psychoanalysis: A Theory In Crisis	PC	Psychology	Edelson, Marshall	University Of Chicago Press	1988
Reluctant Treasures: The Practice of Analytic Psychotherapy	PC	Psychology	Warme, Gordon	Jason Aronson Inc.	1994
Trances People Live: Healing Approaches in Quantum Psychology	PC	Psychology	Wolinsky, Stephen	The Bramble Company	1991
Understanding Ourselves: The Uses Of Therapy	PC	Psychology	Woodward, Joan	Macmillan Education	1988
Understanding Your Therapist or Why Is This Taking So Long?	PC	Psychology	Pilpel, Robert H.	Contemporary Books	1989
Your Many Faces	PC	Psychology	Satir, Virginia	Celestial Arts	1978
A Silent Sorrow: Pregnancy Loss: Guidance and Support for You and Your Family	PG	Pregnancy	Kohn, Ingrid & Moffitt, Perry-Lynn with Wilkins, Isabelle A.	Routledge	2000
Best Start	PG	Pregnancy	Ontario Prevention Clearinghouse	Ontario Prevention Clearinghouse	
Conscious Conception: Elemental Journey through the Labyrinth of Sexuality	PG	Pregnancy	Parvati Baker, Jeannine & Baker, Frederick	Freestone Publishing Company/North Atlantic Books	1986
Forever Our Angels	PG	Pregnancy	Stone, Hannah	Hannah Stone	1996
Healthy Beginnings: Your handbook for pregnancy and birth	PG	Pregnancy	The Society of Obstetricians and Gynaecologists of Canada	The Society of Obstetricians and Gynaecologists of Canada	2000
Is It Safe For My Baby? *(For Reference Only)*	PG	Pregnancy	Centre for Addiction & Mental Health (CAMH)	CAMH	2003
Life Before Birth	PG	Pregnancy	England, Marjorie A.	Mosby-Wolfe	1996
Partners in Fertility - A Resource Guide for those Trying to Conceive *(For Reference Only)*	PG	Pregnancy	Infertility Network	Infertility Network	2003
Preconception and Health: research & strategies	PG	Pregnancy	Best Start	Best Start	2001
Pregnancy Blues: What Every Woman Needs to Know About Depression During Pregnancy	PG	Pregnancy	Kulkarni Misri, Shaila	Delta Trade Paperbacks	2005
Preterm Birth: Making a Difference	PG	Pregnancy	Best Start	Best Start	2002
The Facts of Life	PG	Pregnancy	Miller, Jonathan & Pelham, David	Random House	1984
The Girlfriends' Guide to Pregnancy Or everything your doctor won't tell you	PG	Pregnancy	Iovine, Vicki	Pocket Books	1995

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The Sensible Guide to a Healthy Pregnancy *(For Reference Only)*	PG	Pregnancy	Public Health Agency of Canada	Minister of Health Canada	2007
The Ultimate Guide to Pregnancy for Lesbians: Tips and Techniques from Conception through Birth	PG	Pregnancy	Pepper, Rachel	Cleis Press	1999
What To Expect When You're Expecting	PG	Pregnancy	Murkoff, Heidi, Eisenberg, Arlene, & Hathaway, Sandee	Workman Publishing	1984
You & Your Baby	PG	Pregnancy	Douglas & McIntyre	Health & Welfare Canada	1991
25 Natural Ways to Relieve PMS	PMS	Premenstrual Syndrome	Taylor, Nadine	Contemporary Books	2002
Managing PMS Naturally: A Sourcebook of Natural Solutions	PMS	Premenstrual Syndrome	Rosenthal, M. Sara	Prentice Hall Canada	2001
Once a Month: Understanding and Treating PMS	PMS	Prementrual Syndrome	Dalton, Katharina with Holton, Wendy	Hunter House Publishers	1999
PMDD: A Guide to Coping with Pre-Menstrual Dsyphoric Disorder	PMS	Premenstrual Syndrome	Huston, James E. & Fujutsubo, Lani C.	New Harbinger Publications, Inc.	2002
PMS - A Woman Doctor's Guide: Essential Facts and Up-to-the-Minute Information on Prementrual Syndrome	PMS	Premenstrual Syndrome	Rapkin, Andrea J. with Tonnessen, Diana	Kensington Books	1994
PMS - Everything You Need to Know About	PMS	Premenstrual Syndrome	Batchelder, Helen J.	Prima Health	1999
PMS - Premenstrual Syndrome: A Guide for Young Women	PMS	Premenstrual Syndrome	Berger, Gilda	Hunter House	1991
Self-Help for Premenstrual Syndrome	PMS	Premenstrual Syndrome	Harrison, Michelle with Ahlgrimm, Marla, R.	Random House	1998
Taking Back the Month: A Personalized Solution for Managing PMS and Enhancing Your Health	PMS	Premenstrual Syndrome	Taylor, Diana & Colino, Stacey	A Perigee Book	2002
The PMDD Phenomenon: Breakthrough Treatments for Premenstrual Dysphoric Disorder (PMDD) and Extreme Premenstrual Syndome (PMS)	PMS	Premenstrual Syndrome	Dell, Diana L. & Svec, Carol	Contemporary Books	2002
An Environmental Scan of Postpartum Depression-Related Services in Toronto: Key Findings *(2 copies) (For Reference Only)*	PP	Postpartum Depression	Toronto Public Health	Toronto Public Health	-
Behind the Smile: My Journey Out of Postpartum Depression	PP	Postpartum Depression	Osmond, Marie with Wilkie, Marcia & Moore, Judith	Warner Books	2001
Beyond the Blues: Prenatal & Postpartum Depression - A Treatment Manual	PP	Postpartum Depression	Bennett, Shoshana S. & Indman, Pec	Moodswings Press	2002
Depression After Childbirth: How to Recognise, Treat, and Prevent Postnatal Depression	PP	Postpartum Depression	Dalton, Katharina with Holton, Wendy M.	Oxford University Press	1996
Down Came the Rain: My Journey Through Postpartum Depression	PP	Postpartum Depression	Shields, Brooke	Hyperion	2005
East Toronto Postpartum Adjustment Program ***(pamphlet) (For Reference Only)***	PP	Postpartum Depression	Toronto Public Health	Toronto Public Health	
Interventions for Postpartum Depression	PP	Postpartum Depression	Registered Nurses' Association of Ontario (RNAO)	Registered Nurses' Association of Ontario (RNAO)	2005
Life After Birth: What Even Your Friends Won't Tell You About Motherhood	PP	Postpartum Depression	Figes, Kate with Zimmerman, Jean	St. Martin's Griffin	1998
Management of Psychiatric Disorders in Pregnancy	PP	Postpartum Depression	Yonkers, Kimberly A. & Little, Bertis B. (Editors)	Arnold	2001
Mothering the New Mother: Women's Feelings & Needs After Childbirth	PP	Postpartum Depression	Placksin, Sally	Newmarket Press	1994
My Daughters, Myself - My Rescue from Postpartum Depression	PP	Postpartum Depression	Morrow, Alisia	Empowering Press	2005
Postnatal Depression: Facing the Paradox of Loss, Happiness and Motherhood	PP	Postpartum Depression	Nicolson, Paula	John Wiley and Sons, Ltd.	2001

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Postpartum Depression: A guide for front-line health and social service providers	PP	Postpartum Depression	Ross, Lori E., Dennis, Cindy-Lee, Robertson Blackmore, Emma & Stewart, Donna E.	Centre for Addiction and Mental Health (CAMH)	2005
Postpartum Depression: Literature Review of Risk Factors and Interventions *(2 copies, 1 for Reference Only)*	PP	Postpartum Depression	Stewart, Donna E., E. Robertson, M. Phil, Dennis, Cindy-Lee, Grace, Sherry L. & Wallington, Tamara	University Health Network Women's Health Program 2003	2003
Postpartum Depression and Anxiety: A Self-Help Guide for Mothers *(3 copies)*	PP	Postpartum Depression	Pacific Post Partum Support Society - Sixth Edition	Pacific Post-Partum Support Society	2002
Postpartum Mood Disorders Campaign 2007 *(For Reference Only)*	PP	Postpartum Depression	Best Start	Ontario Prevention Clearinghouse	2007
Shouldn't I Be Happy? Emotional problems of pregnant and postpartum women	PP	Postpartum Depression	Misri, Shaila	The Free Press	1985
Step by Step: A Guide to Organizing a Postpartum Parent Support Network Network in Your Community	PP	Postpartum Depression	Honikman, Jane I.	Honikman, Jane I., M.S.	2000
The Best Friend's Guide to Maternity Leave: Making the Most of Your Precious Time at Home	PP	Postpartum Depression	Holcomb, Betty	Perseus Publishing	2001
The Girlfriends' Guide to Surviving the First Year of Motherhood *(2 copies)*	PP	Postpartum Depression	Iovine, Vicki	A Perigee Book	1997
The Hidden Feelings of Motherhood: Coping with Stress, Depression, and Burnout	PP	Postpartum Depression	Kendall-Tackett, Kathleen A.	New Harbinger Publications Inc.	2001
The Mask of motherhood: How Becoming a Mother Changes Our Lives and Why We Never Talk About It	PP	Postpartum Depression	Maushart, Susan	Penguin Books	1999
the post-pregnancy handbook	PP	Postpartum Depression	Brown, Sylvia with Dowd Struck, Mary	St. Martin's Press Inc.	2002
The Postpartum Husband: Practical Solutions for Living with Postpartum Depression	PP	Postpartum Depression	Kleiman, Karen	Xlibris Corporation	2000
This Isn't What I Expected - Overcoming Postpartum Depression	PP	Postpartum Depression	Kleiman, Karen & Raskin, Valerie	Bantam Books	1994
Adventures In Psychiatry: The Scientific Memoirs of Dr. Abram Hoffer	PS	Psychiatry	Hoffer, Abram	KOS Publishing Inc.	2005
As For The Sky, Falling: A Critical Look at Psychiatry and Suffering	PS	Psychiatry	Supeene, Shelagh Lynne	Second Story Press	1990
Brainscapes: An Introduction to What Neuroscience Has Learned About the Structure, Function, and Abilities of the Brain	PS	Psychiatry	Restak, Richard	Hyperion Books	1995
Reality Therapy: A New Approach to Psychiatry	PS	Psychiatry	Glasser, William	Perennial Library	1975
Synopsis of Psychiatry - Tenth Edition *(For Reference Only)*	PS	Psychiatry	Sadock, Benjamin James & Sadock, Virginia Alcott	Lippincott, Williams & Wilkins	2007
The Broken Brain: The Biological Revolution in Psychiatry	PS	Psychiatry	Andreasen, Nancy C.	Perennial Library	1984
The New Psychiatry: The Essential Guide to State-of-the-Art Therapy, Medication, Emotional Health	PS	Psychiatry	Gorman, Jack M.	St. Martin's Press	1996
Toxic Psychiatry: Why Therapy, Empathy, and Love Must Replace the Drugs, Electroshock, and Biochemical Theories of the "New Psychiatry"	PS	Psychiatry	Breggin, Peter R.	St. Martin's Press	1991
Attention Deficit Disorder and Learning Disabilities: Realities, Myths and Controversial Treatments *(For Reference Only)*	RD	Related Disorders	Ingersoll, Barbara D. & Goldstein, Sam	Main Street Books	1993
Attention Deficit Disorder In Adults: Practical Help for Sufferers and Their Spouses	RD	Related Disorders	Weiss, Lynn	Taylor Publishing Company	1992
Attention Deficit Hyperactivity Disorder *(pamphlet)*	RD	Related Disorders	National Institute of Mental Health (NIMH)	National Institute of Mental Health (NIMH)	1994
Canadian Consensus Guidelines for the Treatment of Seasonal Affective Disorder	RD	Related Disorders	Lam, Raymond & Levitt, Anthony J.	Clinical & Academic Publishing	1999
Dysthymia and the Spectrum of Chronic Depressions	RD	Related Disorders	Akiskal, Hagop S. & Cassano, Giovanni B. (Editors)	The Guilford Press	1997
Fight the Winter Blues - Don't Be Sad: Your Guide to Conquering Seasonal Affective Disorder *(2 copies)*	RD	Related Disorders	Peters, Celeste A.	Script: Good Health Books	1994

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First Episode Psychosis - An Information Guide *(pamphlet) (For Reference Only)*	RD	Related Disorders	Czuchta, Donna & Ryan, Kathryn	Centre for Addiction and Mental Health (CAMH)	1999
Food is not the Problem: Deal With What Is!	RD	Related Disorders	Morand, Michelle	Trafford Publishing	2007
Hope and Help for Chronic Fatigue Syndrome	RD	Related Disorders	Feiden, Karyn	A Fireside Book	1990
Nobody Nowhere: The Extraordinary Autobiography of an Autistic	RD	Related Disorders	Williams, Donna	Doubleday Canada Limited	1993
Positive Options for Seasonal Affective Disorder (SAD): Self-Help and Treatment	RD	Related Disorders	Marshall, Fiona & Cheevers, Peter	Hunter House Publishers	2003
S.L.A.M. Jetlag: Practical stategies for minimising the effects of jetlag	RD	Related Disorders	Klompas, Michael & Shapiro, Colin M.	Joli Joco Publications, Inc.	2000
Seasonal Affective Disorder: Who Gets It? What Causes It? How To Cure It	RD	Related Disorders	Smyth, Angela in consultation with Thompson, Chris	Thorsons	1991
The Beginner's Guide To Eating Disorders Recovery	RD	Related Disorders	Kolodny, Nancy J.	Gürze Books	2004
The Canary and Chronic Fatigue	RD	Related Disorders	Ali, Majid	Life Span Press	1995
The Doctor's Guide To Chronic Fatigue Syndrome: Understanding, Treating, and Living with CFIDS	RD	Related Disorders	Bell, David S.	Addison-Wesley Publishing Company	1994
The Stranger in The Mirror: Dissociation - The Hidden Epidemic	RD	Related Disorders	Steinberg, Marlene & Schnall, Maxine	Quill	2001
Winter Blues: Seasonal Affective Disorder - What It Is And How To Overcome It *(2 copies)*	RD	Related Disorders	Rosenthal, Norman E.	The Guilford Press	1993
Working The Shift:: A Self-Health Guide	RD	Related Disorders	Shapiro, Colin M., Heslegrave, Ronald J., Beyers, Joanne & Picard, Louise	Joli Joco Publications, Inc.	1997
Getting Your Life Back: The Complete Guide to Recovery from Depression	REC	Recovery	Wright, Jesse H. & Ramirez Basco, Monica	The Free Press	2001
Recovering from Mental Illness *(For Reference Only)*	REC	Recovery	Team Solutions	Lilly	
Wellness Recovery Action Plan	REC	Recovery	Copeland, Mary Ellen	Peach Press	1997
Bipolar Disorder: An Information booklet for patients, their families and friends	REF	Reference	Bukkfalvi Hilliard, Erika	Royal Columbian Hospital	1992
Canadian Consensus Guidelines for the Treatment of Seasonal Affective Disorder	REF	Reference	Lam, Raymond & Levitt, Anthony J.	Clinical & Academic Publishing	1999
Canadian Journal of Community Mental Health - Being Disabled in Canada in the 1990s	REF	Reference	Vol. 9, No. 2, Fall 1990	Canadian Journal of Community Mental Health	1990
Canadian Journal of Community Mental Health - Mutual-Aid Groups and Support Groups	REF	Reference	Vol. 14, No. 2, Fall 1995	Canadian Journal of Community Mental Health	1995
Canadian Journal of Community Mental Health - Critical Perspectives on Applied Ethics	REF	Reference	Vol. 17, No. 2, Fall 1998	Canadian Journal of Community Mental Health	1998
Canadian Journal of Community Mental Health	REF	Reference	Vol. 18, No. 1, Spring 1999	Canadian Journal of Community Mental Health	1999
Canadian Journal of Community Mental Health: Positive Innovations in Mental Health	REF	Reference	Vol. 18, No. 2, Fall 1999	Canadian Journal of Community Mental Health	1999
Canadian Journal of Community Mental Health	REF	Reference	Vol. 19, No. 1, Spring 2000	Canadian Journal of Community Mental Health	2000
Canadian Journal of Community Mental Health - Our Past, Our Future	REF	Reference	Vol. 19, No. 2, Fall 2000	Canadian Journal of Community Mental Health	2000
Canadian Journal of Community Mental Health	REF	Reference	Vol. 20, No. 1, Spring 2001	Canadian Journal of Community Mental Health	2001
Canadian Journal of Community Mental Health - Young Offenders: Balancing Control and Treatment	REF	Reference	Vol. 20, No. 2, Fall 2001	Canadian Journal of Community Mental Health	2001

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Canadian Journal of Community Mental Health	REF	Reference	Vol. 21, No. 1, Spring 2002	Canadian Journal of Community Mental Health	2002
Canadian Journal of Community Mental Health - Innovation in Community Mental Health: International Perspectives	REF	Reference	Vol. 21, No. 2, Fall 2002	Canadian Journal of Community Mental Health	2002
Canadian Journal of Community Mental Health	REF	Reference	Vol. 22, No. 1, Spring 2003	Canadian Journal of Community Mental Health	2003
Canadian Journal of Community Mental Health - Disrupting Normalcy: Lesbian, Gay, Queer Issues and Mental Health	REF	Reference	Vol. 22, No. 2, Fall 2003	Canadian Journal of Community Mental Health	2003
Canadian Journal of Community Mental Health	REF	Reference	Vol. 23, No. 1, Spring 2004	Canadian Journal of Community Mental Health	2004
Canadian Journal of Community Mental Health - Globalization and Community Mental Health	REF	Reference	Vol. 23, No. 2, Fall 2004	Canadian Journal of Community Mental Health	2004
Canadian Journal of Community Mental Health	REF	Reference	Vol. 24, No. 1, Spring 2005	Canadian Journal of Community Mental Health	2005
Caring for the Mind: The Comprehensive Guide to Mental Health *(For Reference Only)*	REF	Reference	Hales, Dianne & Hales, Robert E.	Bantam Books	1995
Caring Together: Families as Partners in the Mental Health and Addiction System	REF	Reference	Family Mental Health Alliance	Family Mental Health Alliance	2006
Challenges & Choices: Finding Mental Health Services in Ontario *(2 copies)*	REF	Reference	Centre for Addiction and Mental Health (CAMH)	Centre for Addiction and Mental Health (CAMH)	2003
Defeating Depression *(3 copies)*	REF	Reference	Kennedy, Sidney H., Parikh, Sagar V., & Shapiro, Colin M.	Joli Joco Publications, Inc.	1998
Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition, texted revised (DSM-IV) *(2 copies)*	REF	Reference	American Psychiatric Association	American Psychiatric Association	2000
First Episode Psychosis - An Information Guide *(pamphlet)*	REF	Reference	Czuchta, Donna & Ryan, Kathryn	Centre for Addiction and Mental Health (CAMH)	1999
Hope & Heroes - Portraits of Integrity & Inspiration	REF	Reference	Shainbaum, Barry	London Street Press	2003
I Am Not Sick, I Don't Need Help!	REF	Reference	Amador, Xavier	Vida Press	2007
Living with Bipolar Disorder	REF	Reference	Kusumakar, V., Yatham, L. N., & Parikh, S.	Abbott Laboratories, Limited	1996
Navigating Mental Health Services in Toronto - A Guide for Newcomer Communities *(2 copies)*	REF	Reference	Community Resource Connections of Toronto (CRCT)	Community Resource Connections of Toronto (CRCT)	?
Not Anytime Soon! The life & times of Linda Chamberlain	REF	Reference	The Linda Chamberlain Working Group	Open Policy Ontario	2013
Synopsis of Psychiatry - Eighth Edition	REF	Reference	Kaplan, Harold & Sadock, Benjamin	Williams & Wilkins	1998
The Mindful Way through Depression	REF	Reference	Williams, Mark, Teasdale, John, Segal, Zindel, & Kabat-Zinn, Jon	The Guilford Press	2007
Boundaries and Relationships: Knowing, Protecting and Enjoying the Self	REL	Relationships	Whitfield, Charles L.	Health Communications, Inc.	1993
Creating Love: The Next Great Stage of Growth	REL	Relationships	Bradshaw, John	Bantam Books	1992
Living, Loving & Learning	REL	Relationships	Buscaglia, Leo	Fawcett Columbine	1982
Loving Relationships	REL	Relationships	Ray, Sondra	Celestial Arts	1980
Men Are From Mars, Women Are From Venus: A Practical Guide for Improving Communication and Getting What You Want in Your Relationships *(2 copies)*	REL	Relationships	Gray, John	HarperPerennial	1992
Passionate Attachments: Thinking About Love	REL	Relationships	Various - Gaylin, Willard & Person, Dr. Ethel (Editors)	Collier Macmillan Publishers	1988
Recovery From Codependency	REL	Relationships	Weiss, Laurie & Weiss, Jonathan B.	Health Communications, Inc.	1989
Restoring Intimacy: The Patient's Guide to Maintaining Relationships During Depression	REL	Relationships	Clayton, Anita H., Dunner, David L., Hirschfeld, Robert M.A., Manning, Martha M., Epstein Rosen, Laura, Wise &Thomas N.	Natl DMDA	1999
Should You Leave? A Psychiatrist Explores Intimacy and Autonomy - and the Nature of Advice	REL	Relationships	Kramer, Peter D.	Scribner	1997
Bog-Trotter: An Autobiography with Lyrics ***(2 copies)***	SC	Schizophrenia	Previn, Dory	Doubleday & Company, Inc.	1980
Learning About Schizophrenia: Rays Of Hope ***(5 copies)***	SC	Schizophrenia	Schizophrenia Society Of Canada	Pfizer Canada	1999

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Schizophrenia	SC	Schizophrenia	National Institute of Mental Health (NIMH)	Department of Health and Human Services	
Surviving Schizophrenia: A Manual for Families, Consumers and Providers	SC	Schizophrenia	Torrey, E. Fuller	Harper Perennial	1995
Overcoming Low Self-Esteem	SE	Self-Esteem	Fennell, Melanie	Robinson Publishing Ltd.	1999
The Power Of Self-Esteem	SE	Self-Esteem	Branden, Nathaniel	Health Communications, Inc.	1992
Self-Help Groups for Eating Disorders: The Toolkit	SH	Self-Help	Kerr, Ann & Poole, Jennifer w. Bennett, Monica & Liss, Gwenn	Sheena's Place & The Self-Help Resource Centre of Greater Toronto	2000
Steps in Building a Self-Help Group	SH	Self-Help	Jesty, William	Canadian Mental Health Association, Windsor-Essex County Branch	1992
The Self-Help Group Sourcebook: Your Guide to Community and Online Support Groups	SH	Self-Help	American Self-Help Group Clearinghouse	Saint Clares Health Services	2002
The Self Help Way: Mutual Aid and Health	SH	Self-Help	Romeder, Jean-Marie & Contributors	Canadian Council on Social Development	1990
The Self-Help Revolution	SH	Self-Help	Gartner, Alan, Ph.D. & Riessman, Frank, Ph.D.	Human Sciences Press, Inc.	1984
You Are Not Alone: A Guide for Mood Disorders Self-Help and Peer Support Groups in Ontario	SH	Self-Help	The Mood Disorders Association of Ontario (MDAO)	The Mood Disorders Association of Ontario (MDAO)	-
A 2nd Helping of Chicken Soup for the Soul	SP	Spiritual	Canfield, Jack & Hansen, Mark Victor	Health Communications, Inc.	1995
A Course in Miracles	SP	Spiritual	Foundation for Inner Peace	Foundation for Inner Peace	1975
A Gradual Awakening	SP	Spiritual	Levine, Stephen	Anchor Books	1979
A Path With Heart: A Guide Through the Perils and Promises of Spiritual Life	SP	Spiritual	Kornfield, Jack	Bantam Books	1993
A Step Further - Joni *(2 copies)*	SP	Spiritual	Eareckson, Joni & Estes, Steve	World Wide Publications/Zondervan Publishing House	1978
Care Of The Soul: A Guide for Cultivating Depth and Sacredness in Everyday Life	SP	Spiritual	Moore, Thomas	HarperPerennial	1992
Compassion's Way: A Doctor's Quest into the Soul of Medicine	SP	Spiritual	Crawshaw, Ralph	Medi-Ed Press	2002
Depression and the Integrated Life: A Christian Understanding of Sadness and Inner Suffering	SP	Spirituality	Berg, Richard F. & McCartney, Christine	Alba House	1981
Joni *(Polish edition)*	SP	Spiritual	Eareckson, Joni with Musser, Joe	Wydawnictwo "Slowo Prawdy"	1983
Man's Search for Ultimate Meaning: A Psychological Exploration of the Religious Quest	SP	Spiritual	Frankl,Viktor E.	Barnes & Noble Books	2000
Meditations for People Who (May) Worry Too Much	SP	Spiritual	Wilson Schaef, Anne	Ballantine Books	1996
Shortcut to Spirituality: mastering the art of inner peace	SP	Spiritual	Gottfried, Bob	Deeper Dimension Publishing	2004
Simple Abundance: A Daybook of Comfort and Joy	SP	Spiritual	Ban Breathnach, Sara	Warner Books	1995
Stable in Bedlam: A Journey to Jesus through Insanity	SP	Spiritual	Armstrong, Michael	Balliol Press	2002
Sunshine & Shadow: depression and spirituality	SP	Spiritual	Madott, Berthat Catherine	Novalis	1996
Sweat Your Prayers: Movement as Spiritual Practice	SP	Spiritual	Roth, Gabrielle	Jeremy P. Tarcher/Putnam	1997
The Celestine Prophecy: An Adventure	SP	Spiritual	Redfield, James	Warner Books	1993
The Different Drum: Community Making and Peace	SP	Spiritual	Peck, M. Scott	A Touchstone Book	1987
The Dynamic Laws of Prosperity	SP	Spiritual	Ponder, Catherine	DeVorss & Company	1985
The Light Inside the Dark: Zen, Soul, and the Spiritual Life	SP	Spiritual	Tarrant, John	HarperCollins***Publishers***	1998
The Meaning of Life	SP	Spiritual	Greive, Bradley Trevor	Andrews McMeel Publishing	2002
The Road Less Traveled *(2 copies)*	SP	Spirituality	Peck, M. Scott	A Touchstone Book	1978
When Bad Things Happen to Good People	SP	Spirituality	Kushner, Harold	Anchor Books	1981
Unconditional Love: Love without Limits	SP	Spirituality	Powell, John	Tabor Publishing	1978
power over stress	ST	Stress	Nedd, Kenford	QP Press	2003
What Do Lions Know About Stress	ST	Stress	Ali, Majid	Life Span Press	1996
A Special Scar: The Experiences of People Bereaved by Suicide	SU	Suicide	Wertheimer, Alison	Tavistock/Routledge	1991
Choosing to Live: How to Defeat Suicide Through Cognitive Therapy	SU	Suicide	Ellis, Thomas E. & Newman, Cory F.	New Harbinger Publications, Inc.	1996
Cry Of Pain: Understanding Suicide and Self Harm	SU	Suicide	Williams, Mark	Penguin Books	1997
Finding Lily - A Memoir *(2 copies)*	SU	Suicide	Clewes, Richard	Key Porter Books	2006
Night Falls Fast: understanding suicide *(2 copies)*	SU	Suicide	Redfield Jamison, Kay	Vintage Books	1999

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No Time To Say Goodbye: Surviving the Suicide of a Loved One	SU	Suicide	Fine, Carla	Doubleday	1997
Silent Grief: Living in the Wake of Suicide	SU	Suicide	Lukas, Christopher & Seiden, Henry M.	Charles Scribner's Sons	1987
Suicide - Prevention, Intervention, Postvention	SU	Suicide	Grollman, Earl A.	Beacon Press	1988
Suicide Prevention and Mood Disorders *(pamphlet) (For Reference Only)*	SU	Suicide	Depression and Bipolar Support Alliance (DBSA)	Depression and Bipolar Support Alliance (DBSA)	2003
Banished Knowledge *(2 copies)*	TR	Trauma	Miller, Alice	Anchor Books	1990
Femmes - Qu'est-ce que ces panneaux ont en commun? *(For Reference Only)*	TR	Trauma	Society, Women & Health	Centre for Addiction and Mental Health (CAMH)	2000
Thou Shalt Not Be Aware: Society's Betrayal of the Child	TR	Trauma	Miller, Alice	A Meridian Book	1986
Waking the Tiger: Healing Trauma *(2 copies)*	TR	Trauma	Levine, Peter A. with Frederick, Ann	North Atlantic Books	1997
Advocacy- One person at a time *(For Reference Only)*	VO	Volunteer	The Mood Disorders Association of Ontario (MDAO)	Communication Resources	2003
Bake Sales, Bingo & Beyond: A Guide to Community Based Fundraising *(3 copies, 1 for Reference Only)*	VO	Volunteer	The Mood Disorders Association of Ontario (MDAO)	The Mood Disorders Association of Ontario (MDAO)	
Making a Difference - Community and Public Policy Advocacy *(For Reference Only)*	VO	Volunteer	The Mood Disorders Association of Ontario (MDAO)	The Mood Disorders Association of Ontario (MDAO)	2002
Motivating and Managing Today's Volunteers- How to build and lead a terrific team	VO	Volunteer	MacLeod, Flora	Self-Counsel Press	1993
Speaking Out: How To Plan a Speakers Committee	VO	Volunteer	Fels, Lynn	Volunteer Centre of Metropolitan Toronto	1988
The Board Member's Book: Making a Difference in Voluntary Organizations	VO	Volunteer	O'Connell, Brian	The Foundation Center	1985
The Effective Management of Volunteer Programs	VO	Volunteer	Wilson, Marlene	Volunteer Management Associates	1976
The Grass Roots Fundraising Book: How to raise money in your community	VO	Volunteer	Flanagan, Joan for The Youth Project	Contemporary Books, Inc.	1982
Concise Guide to Women's Mental Health *(2 copies)*	WI	Women's Issues	Burt, Vivien K. and Hendrick, Victoria C.	American Psychiatric Publishing, Inc.	2001
Depression: A Woman Doctor's Guide: Essential Facts and Up-to-the-Minute Information on Overcoming Depression	WI	Women's Issues	Ferber, Jane S. with LeVert, Suzanne	Kensington Books	2000
Estrogen: How and Why It Can Save Your Life	WI	Women's Issues	Romoff, Adam with Yalof, Ina	St. Martin's Paperbacks	1999
Getting Up When You're Feeling Down: A Woman's Guide to Overcoming and Preventing Depression	WI	Women's Issues	Braiker, Harriet B.	Pocket Books	1988
Goodbye Mother Hello Woman: Reinventing the Daughter Mother Relationship *(2 copies)*	WI	Women's Issues	Irwin Boynton, Marilyn & Dell, Mary	New Harbinger Publications, Inc.	1995
Great Sex For Moms: Ten Steps to Nurturing Passion While Raising Kids	WI	Women's Issues	Davis Raskin, Valerie	A Fireside Book	2002
Gynecological Health: a comprehensive sourcebook for canadian women	WI	Women's Issues	Rosenthal, M. Sara	Viking Canada	2003
Hysterectomy & Ovary Removal: What ALL Women Need to KNOW	WI	Women's Issues	Plourde, Elizabeth	New Voice Publications	2002
In A Different Voice: Psychological Theory and Women's Development	WI	Women's Issues	Gilligan, Carol	Harvard University Press	1982
It's Not in Your Head, It's in Your HORMONES: The Secret to Balance *for Women of All Ages*	WI	Women's Issues	Bonk, Melinda	Fair Winds Press	2001
Linked Lives: Adult Daughters and Their Mothers	WI	Women's Issues	Fischer, Lucy Rose	Perennial Library	1986
Meeting The Madwoman: Empowering the Feminine Spirit	WI	Women's Issues	Schierse Leonard, Linda	Bantam Books	1993
Mothering Ourselves: Help and Healing for Adult Daughters	WI	Women's Issues	Bassoff, Evelyn S.	A Plume Book	1991
Motherless Daughters: The Legacy of Loss	WI	Women's Issues	Edelman, Hope	Delta Trade Paperbacks	1994
Okay, So I Don't Have a Headache	WI	Women's Issues	Ferrare, Cristina	St. Martin's Griffin	1999
Pre- and Peri-Natal Psychology - An Introduction	WI	Women's Issues	Verny, Thomas R. (Editor)	Human Sciences Press, Inc.	1987
Preventing and Reversing Osteoporosis - Every Woman's Essential Guide	WI	Women's Issues	Gaby, Alan R.	Prima Publishing	1994
Secrets & Mysteries: The Glory and Pleasure of Being a Woman	WI	Women's Issues	Linn, Denise	Hay House, Inc.	2002
Silencing The Self: Women and Depression	WI	Women's Issues	Crowley Jack, Dana	HarperPerennial	1991
Taking Charge by Taking Care: A Canadian Woman's Health Guide	WI	Women's Issues	Linton, Marilyn	Macmillan Canada	1996
The Book of Hope: How Women Can Overcome Depression	WI	Women's Issues	DeRosis, Helen A. & Pellegrino, Victoria Y.	Bantam Books	1976
The Dance Of Deception: Pretending and Truth-Telling in Women's Lives	WI	Women's Issues	Goldhor Lerner, Harriet	HarperCollins*Publishers*	1993
The Dance Of Intimacy *(3 copies)*	WI	Women's Issues	Goldhor Lerner, Harriet	Perennial Library	1989

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The Deepest Blue: how women face & overcome depression	WI	Women's Issues	Dockett, Lauren	New Harbinger Publications, Inc.	2001
The Emotionally Abused Woman: Overcoming Destructive Patterns and Reclaiming Yourself	WI	Women's Issues	Engel, Beverly	Fawcett Columbine	1990
The Girlfriends' Guide to Getting Your Groove Back: Loving Your Family Without Losing Your Mind	WI	Women's Issues	Iovine, Vicki	A Perigee Book	2001
The Mommy Myth: The Idealization of Motherhood and How It Has Undermined All Women	WI	Women's Issues	Douglas, Susan J. & Michaels, Meredith W.	Free Press	2004
The New Older Woman: A Dialogue for the Coming Century	WI	Women's Issues	Downes, Peggy, Tuttle, Ilene, Faul, Patricia & Mudd, Virginia	Celestial Arts	1996
The Norton Anthology of Literature By Women	WI	Women's Issues	Gilbert, Sandra M. & Gubar, Susan (Editors)	W.W. Norton & Company	1985
The Whole Woman: Take Charge of Your Health In Every Phase of Your Life	WI	Women's Issues	Wallis, Lila A. with Betancourt, Marian	Avon Books, Inc.	1999
The Woman's Comfort Book: A Self-Nurturing Guide for Restoring Balance in Your Life	WI	Women's Issues	Louden, Jennifer	HarperSanFrancisco	1992
The Words To Say It	WI	Women's Issues	Cardinal, Marie	Van Vactor & Goodheart	1984
The Wounded Woman: Healing the Father-Daughter Relationship	WI	Women's Issues	Schierse Leonard, Linda	Shambala Publications, Inc.	1982
Transforming Body Image: Learning to Love the Body You Have	WI	Women's Issues	Germaine Hutchison, Marcia	The Crossing Press	1985
Unspeakable Losses: Understanding the Experience of Pregnancy Loss, Miscarriage, and Abortion	WI	Women's Issues	Kluger-Bell, Kim	W.W. Norton & Company	1998
Unveiling Depression in Women: A Practical Guide to Understanding and Overcoming Depression	WI	Women's Issues	Hart, Archibald & Hart Weber, Catherine	Fleming H. Revell	2002
Violence Against Women With A Disability: Prevention & Education Program (*For Reference Only)*	WI	Women's Issues	Mood Disorders Association of Ontario (MDAO)	Mood Disorders Association of Ontario	2001
Violence Against Women With A Disability: Prevention & Education Program Resource Guide *(For Reference Only)*	WI	Women's Issues	Mood Disorders Association of Ontario (MDAO)	Mood Disorders Association of Ontario	2001
What the Blues Is All About: Black Women Overcoming Stress and Depression	WI	Women's Issues	Mitchell, Angela with Herring, Kennise	A Perigee Book	1998
What to Expect When You're Experiencing Infertility: How to Cope with the Emotional Crisis and Survive	WI	Women's Issues	Peoples, Debbie & Rovner Ferguson, Harriette	W.W. Norton & Company	1998
When Empty Arms Become A Heavy Burden	WI	Women's Issues	Glahn, Sandra & Cutrer, William	Broadman & Holman Publishers	1997
When Feeling Bad is Good: An innovative self-help program for women to convert "healthy" depression into new sources of growth and power *(2 copies)*	WI	Women's Issues	McGrath, Ellen	Henry Holt and Company	1992
When Words Are Not Enough: The Women's Prescription for Depression and Anxiety	WI	Women's Issues	Davis Raskin, Valerie	Broadway Books	1997
Will There Really Be A Morning? The Shocking Intimate Autobiography of Frances Farmer	WI	Women's Issues	Farmer, Frances	A Dell Book	1972
Women and Depression	WI	Women's Issues	Rosenthal, M. Sara	Lowell House	2000
Women's Bodies, Women's Wisdom: Creating Physical and Emotional Health and Healing	WI	Women's Issues	Northrup, Christiane	Bantam Books	1994
Women's Encyclopedia of Health & Emotional Healing	WI	Women's Issues	Foley, Denise, Nechas, Eileen, & the Editors of *Prevention* magazine	Rodale Press	1993
Women's Health Solutions	WI	Women's Issues	Null, Gary	Seven Stories Press	2002
Women's Medicine Ways: Cross-Cultural Rites of Passage	WI	Women's Issues	Starck, Marcia	The Crossing Press	1993
Women's Reality: An Emerging Female System in a White Male Society	WI	Women's Issues	Wilson Schaef, Anne	Perennial Library	1981
Working For Change: How Chinese and Korean Women with Disabilities Experience Violence in Their Daily Lives	WI	Women's Issues	Fong, Josephine	Hong Fook Mental Health Association and Chinese Family Services of Ontario	2001
You Being Beautiful: The Owner's Manual to Inner and Outer Beauty	WI	Women's Issues	Roizen, Michael & Oz, Mehmet	Free Press	2008
Your Guy's Guide to Gynecology: A Reference for Men and Women	WI	Women's Issues	Bekkar, Bruce & Wahn, Udo	Ant Hill Press	2000
Disabillity and Self-Directed Employment: Business Development Models	WO	Work	Neufeldt, Aldred & Albright, Alison	Captus University Publications	1998
Do What You Are: Discover the Perfect Career for You Through the Secrets of Personality Type	WO	Work	Tieger, Paul D. & Barron-Tieger, Barbara	Little, Brown and Company	1992
Don't Sweat the Small Stuff at Work *(2 copies)*	WO	Work	Carlson, Richard	Hyperion	1998
Down and Out In Canada's Intelligence Service	WO	Work	Miller, Alice	William J Baltruweit	2000
Enriching Your Career	WO	Work	Shepell-fgi	Shepell-fgi	
Hangin' In There: Strategies for Job Retention by Persons with a Psychiatric Disability	WO	Work	Canadian Mental Health Association	Canadian Mental Health Association	2005
Love At Work: Why Passion Drives Performance in the Feelings Economy	WO	Work	Wilson, Brady	BPS Books	2010
Managing mental health in the workplace *(pamphlet) (For Reference Only)*	WO	Work	Canadian Mental Health Association (ON)	Ontario Ministry of Citizenship & Immigration	2004

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Managing Workplace Stress	WO	Work	Shepell-fgi	Shepell-fgi	
Mental Health: A Workplace Guide *(pamphlet) (For Reference Only)*	WO	Work	Rogers Media	Rogers Media, & various	-
Mindsets - Mental Health: The Ultimate Productivity Weapon - First of Two Parts *(2 copies)*	WO	Work	Perez, Edgardo & Wilkerson, Bill	The Homewood Centre for Organizational Health at Riverslea	1998
Robert Gerberg's Job Changing System: World's Fastest Way to Get a Better Job	WO	Work	Gerberg, Robert	Andrews, Mcmeel & Parker	1986
Seeking Employment *(pamphlet) (For Reference Only)*	WO	Work	Mental Health Consumers in Action (MHCIA)	Mental Health Consumers in Action (MHCIA)	-
The Healthy Scorecard: Delivering Breakthrough Results that Employees and Investors will Love!	WO	Work	Pratt, Danielle	Danielle Pratt	2001
What Next: Find the Work That's Right for You	WO	Work	Moses, Barbara	Dorling Kindersley	2003
Work and Health	WO	Work	Melhuish, Andrew	Penguin Books	1978
Working in the Dark: Keeping Your Job While Dealing with Depression	WO	Work	Fitter, Fawn & Gulas, Beth	Hazelden	2002
Working Well: An Employer's Guide to Hiring and Retaining People with Mental Illness *(3 copies)*	WO	Work	Vandergang, Agnes J.	CMHA - National Office	2002
Adolescent Depression: A Guide for Parents	YT	Youth	Miller, Alice	The Johns Hopkins University Press	2002
Always My Child	YT	Youth	Jennings, Kevin with Shapiro, Pat	A Skylight Press Book	2003
Bipolar Disorders: A Guide to Helping Children & Adolescents	YT	Youth	Waltz, Mitzi	O'Reilly & Associates, Inc.	2000
Can I Catch It like a Cold? A story to help children understand a parent's depression *(2 copies)*	YT	Youth	Kelbaugh, Gretchen	Centre for Addiction and Mental Health (CAMH)	2002
Catch a Falling Star *(2 copies)*	YT	Youth	Grass, Gayle	Dollco Printing	2001
Conquering the Beast Within: How I Fought Depression and Won… And How You Can Too	YT	Youth	Irwin, Cait	Three Rivers Press	1998
Crossing Paths: How Your Child's Adolescence Triggers Your Own Crisis	YT	Youth	Steinberg, Laurence with Steinberg, Wendy	Simon & Schuster	1994
Damage	YT	Youth	Jenkins, A.M.	Harper Tempest	2001
Degrassi Talks - Depression	YT	Youth	Farris, Katherine (Editor)	Boardwalk Books Inc. / Mint Publishers Inc. / The Toronto Sun Publishing Corp.	1992
Depression	YT	Youth	Moragne, Wendy	Twenty-First Century Medical Library	2001
Depression Is The Pits, But I'm Getting Better: A Guide for Adolescents	YT	Youth	Garland, E. Jane	Magination Press	1997
Edward the "Crazy Man"	YT	Youth	Day, Marie	Annick Press Ltd.	2002
Everything You Need to Know About: Getting Your Period	YT	Youth	Rue, Nancy	The Rosen Publishing Group, Inc.	1995
Hard Lessons: Understanding and addressing the dangerous challenges facing today's youth	YT	Youth	Woodhouse, Lauren J.	Macmillan Canada	2000
Have You Started Yet? All About Getting Your Period… Period!	YT	Youth	Thomson, Ruth	Price Stern Sloan	1995
"Help Me, I'm Sad": Recognizing,Treating, and Preventing Childhood and Adolescent Depression	YT	Youth	Fassler, David G. & Dumas, Lynne S.	Penguin Books	1997
Helping Your Depressed Child: A Reassuring Guide to the Causes and Treatments of Childhood and Adolescent Depression	YT	Youth	Kerns, Lawrence L. & Lieberman, Adrienne B.	Prima Publishing	1993
High Times / Low Times: The Many Faces of Adolescent Depression *(2 copies)*	YT	Youth	Meeks, John E.	The PIA Press	1988
Hole in One		Youth	Grass, Gayle	Iris the Dragon Inc.	2008
I Can Fix It *(2 copies)*	YT	Youth	Grass, Gayle	Iris the Dragon Inc.	2009
Is My Child Ok? When Behavior Is a Problem, When It's Not, and When to Seek Help	YT	Youth	Paul, Henry A.	A Dell Trade Paperback	2000
Is Your Child Depressed? If Your Child Is Tired, Irritable, Or Angry, The Answer May Be "Yes"	YT	Youth	Herskowitz, Joel	Pharos Books	1988
It Starts Here: A Guide to Mood Disorders for Teens *(For Reference Only)*	YT	Youth	Mood Disorders Association of Ontario (MDAO)	Mood Disorders Association of Ontario (MDAO)	2010
Kids Are Worth It! Giving Your Child The Gift of Inner Discipline *(2 copies)*	YT	Youth	Coloroso, Barbara	Somerville House Canada/Penguin Canada	1994/2001
Lonely, Sad and Angry: How To Help Your Unhappy Child	YT	Youth	Ingersoll, Barbara D. & Goldstein, Sam	Specialty Press, Inc.	2001
More Than Moody: Recognizing *and* Treating Adolescent Depression *(3 copies)*	YT	Youth	Koplewicz, Harold S.	G.P. Putnam's Sons	2002
Oh, the Places You'll Go!	YT	Youth	Seuss, Dr.	Random House New York	1990
Overcoming Teen Depression : A Guide for Parents *(2 copies)*	YT	Youth	Daufman, Miriam	Firefly Books	2001
Parenting with wit and wisdom in times of chaos and loss	YT	Youth	Coloroso, Barbara	Viking Press	1999

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Queen Bees & Wannabes: Helping Your Daughter Survive Cliques, Gossip, Boyfriends & Other Realities of Adolescence	YT	Youth	Wiseman, Rosalind	Three Rivers Press	2002
Real Boys: Rescuing Our Sons from the Myths of Boyhood	YT	Youth	Pollack, William	An Owl Book	1998
Reviving Ophelia: Saving the Selves of Adolescent Girls	YT	Youth	Pipher, Mary	Ballantine Books	1994
Steps & Stages:The Preteen Years	YT	Youth	Bennett, Holly & Pitman, Teresa	Key Porter Books	1998
Talking about Mental Illness: A guide for developing an awareness program for youth - ***COMMUNITY GUIDE***	YT	Youth	Canadian Mental Health Society (CMHA) & Centre for Addiction & Mental Health (CAMH)	Centre for Addiction and Mental Health (CAMH)	2001
Talking about Mental Illness: A guide for developing an awareness program for youth - ***TEACHER'S RESOURCE***	YT	Youth	Canadian Mental Health Society (CMHA) & Centre for Addiction & Mental Health (CAMH)	Centre for Addiction and Mental Health (CAMH)	2001
The Bipolar Child: The Definitive and Reassuring Guide to Childhood's Most Misunderstood Disorder	YT	Youth	Papolos, Demitri & Papolos, Janice	Broadway Books	1999
The Curse: Confronting the Last Unmentionable Taboo: Menstruation	YT	Youth	Houppert, Karen	Farrar, Straus and Giroux	1999
The Optimistic Child: A Revolutionary Program That Safeguards Children Against Depression & Builds Lifelong Resilience)	YT	Youth	Seligman, Martin E.P.	Houghton Mifflin Company	1995
The Period Book: Everything You Don't Want to Ask (But Need to Know)	YT	Youth	Gravelle, Karen & Gravelle, Jennifer	Walker and Company	1996
The Power To Prevent Suicide: A Guide for Teens Helping Teens	YT	Youth	Nelson, Richard E. & Galas, Judith C.	Free Spirit Publishing	1994
The Primal Teen: What the New Discoveries About the Teenage Brain Tell Us About Our Kids	YT	Youth	Strauch, Barbara	Anchor Books	2003
Understanding Teenage Depression: A Guide To Diagnosis, Treatment, And Management	YT	Youth	Empfield, Maureen & Bakalar, Nicholas	An Owl Book	2001
Understanding Your Teenager's Depression: Issues, Insights & Practical Guidance for Parents	YT	Youth	McCoy, Kathleen	A Perigee Book	1994
Ups & Downs: How to Beat the Blues and Teen Depression	YT	Youth	Klebanoff, Susan & Luborsky, Ellen	Price Stern Sloan	1999
Well Beings: A Guide to Promote the Physical Health, Safety and Emotional Well-Being of Children in Child Care Centres and Family Day Care Homes - Volume I *(For Reference Only)*	YT	Youth	Canadian Paediatric Society	Canadian Paediatric Society	1992
Well Beings: A Guide to Promote the Physical Health, Safety and Emotional Well-Being of Children in Child Care Centres and Family Day Care Homes - Volume II *(For Reference Only)*	YT	Youth	Canadian Paediatric Society	Canadian Paediatric Society	1992