The Mood Disorders Association of Ontario is pleased to present a public education event as part of our Distinguished Speaker Series.

**Bipolar Disorder Discovery Series:**
**Facts, Insights & Perspectives**

Join distinguished speakers:

**Dr. Andrea Levinson** MD, MSc, FRCPC, Associate Professor, Mood and Anxiety Disorders, Centre for Addiction and Mental Health

**Leslie Bennett,** Professional Coach, Public Speaker and Mental Health Advocate

**Wednesday, April 4, 2012**
7:00 pm—8:30 pm
Eglinton St. George’s United Church
35 Lytton Blvd. (one block west of Yonge, ten blocks north of Eglinton)

Admission is free! RSVP by Friday, March 30, 2012 to:
ingridm@mooddisorders.ca
call 416.486.8046 ext. 238

Lundbeck Canada is the proud sponsor of our Bipolar Disorder Discovery Series.
Dr Levinson grew up in Cape Town, South Africa and obtained degrees in music and psychology before medical school training at McMaster University. She then trained as a psychiatrist at the University of Toronto with the completion of a research fellowship in mood disorders and a Masters of Science Degree in 2007. Dr. Levinson is a staff psychiatrist in the Mood and Anxiety Division at the Centre for Addiction and Mental Health (CAMH). She is an assistant professor at the University of Toronto. She heads the Early Intervention Mood & Psychosis Clinic, a multidisciplinary service for young clients with Bipolar Disorder. Dr. Levinson’s research interests are in understanding biologic mechanisms involved in mood disorders. She is currently funded by the Canadian Institute for Health Research (CIHR).

In 2007, Leslie Bennett made a life altering choice to speak publicly about her journey with Bipolar Disorder. After ten years of hiding her mood disorder out of embarrassment, shame and fear of judgment, she openly speaks about her experience and journey and is delighted to support organizations who have a mental health awareness initiative. She blends her experience in the mental health field, learning design and leadership. She creates mental health programs where participants are actively engaged and are discovering the information for themselves and having fun; meaning they walk away with it and own it. These are not your typical mental health presentations!

Leslie has a Bachelor of Commerce in Hospitality and Tourism Management from Ryerson University; Professional Coach Certification from International Coaches Federation; Newfield Certified Coach designation from Newfield Network and CultureSync™ Approved Tribal Leader.