

BLACK, INDIGENOUS, AND PEOPLE OF COLOUR PEER SUPPORT GROUP

36 Eglinton Ave. West || Suite 602 || Toronto, ON



This FREE peer support group is for individuals identifying as a person of colour. This is a respectful and safe space to discuss mental health challenges, as they relate to the complex identities and experiences of racial minorities in Ontario.

This group runs on the 1st Tuesday of the month from 1:00-3:00 p.m. and the 2nd Tuesday of the month from 7:00-8:50 p.m.

