



Mood Disorders Association of Ontario

# Open Family Forum

## Family Members Group



The Open Family Forum will provide an opportunity for those who are supporting someone with a mental health issue to access and share information, give and receive peer support, and find out about other resources in Toronto through guest speakers, educational presentations, and group discussions.

- Please check out [facebook.com/MDAOFamilyMatters](https://facebook.com/MDAOFamilyMatters) or [www.mooddisorders.ca](http://www.mooddisorders.ca) to find out about the next Open Family Forum and session topic.

**Meetings:** The second and fourth Tuesday of the month from 7:00 to 9:00 p.m. at 36 Eglinton Avenue W., Suite 602

Please RSVP to Stacey Barroso at [staceyb@mdao.ca](mailto:staceyb@mdao.ca) or 416-486-8046 ext. 237